

Results for “Go the Distance” (GTD) April, 2009

A hearty welcome to our six newest participants of our current total of 883 participants: Evelyn, Rosie, Philo, Susan, Juanita and Gladys. I hope all of you have lots of fun “Going the Distance” in 2009.

There were 99 participants that achieved the first GTD distance milestone of “50 miles” in April. Congratulations to all of you! In addition, there were 129 folks passing the “100 miles” threshold, 64 more cruising past “150 miles”, 34 who have now passed the “200 miles” mark and 13 more participants can now boast about swimming over “250 miles” so far this year!

We also have 3 participants who have swum over “300 miles”, 2 more over “400 miles” and incredibly - our two leaders - have now passed the magical “500 miles” distance!

For your review and amazement, the April, 2009 results are posted at <http://www.usms.org/fitness/content/gothedistance09> Also included is the complete list of folks who have achieved a GTD distance milestone so far in 2009 as well as a list of participants that have achieved a GTD Distance Milestone in April.

GTD participants are continuing to swim a whole bunch of miles. Our group total is now 80,556.37 miles and our average is a whopping 91.23 miles – way to go everyone! Ray Cottom (621.39 miles) and Lynn Kubasek (527.72 miles) continue to be our leaders in this adventure.

Speaking of “Going the Distance” – one of our participants is really going for it as she attempts to swim the “Triple Crown” of open water swimming events. Elaine Kornbau Howley (whom you have heard of before!) swam the Catalina Channel last year and is currently training to swim around Manhattan island as well as prepare for a solo swim of the English channel. Looks like we can expect some spikes in her GTD mileage! For more information and inspiration you might want to check out <http://blog.talesofthebeerbaby.com/> for more inspiration as Elaine chases her goals.

Your GTD pal Greta van Meeteren will introduce you to Robin Mills, Kevin Hupp, Marie Molinik and Judy Williams in the April “Meet the GTD Swimmer” Feature.

Wishing you all lots of fun swimming many miles in May and speedy swims at your spring meets!

*Your GTD pal,
Mary Sweat
U.S. Masters Swimming Fitness Committee*