

MINUTES
ANNUAL MEETING OF THE SOUTHEASTERN LMSC
NOVEMBER 10, 2025

The Annual Meeting of Southeastern LMSC (Local Masters Swimming Committee) was held via Zoom. The meeting was called to order by LMSC Chair Roger von Jouanne at 7:01 pm (Central). The first order of business was approval of minutes from the 2024 Annual Meeting held November 4, 2024. The 2024 minutes were available for review on the Southeastern LMSC website and were approved by those present at this 2025 meeting.

https://www.southeasternlmsc.com/c/5129A5D/file/Meetings/2024Nov04_SELMSCAnnualMeeting.pdf

Reports by LMSC Officers and Committee Chairs:

The reports of individual officers and committee chairs are briefly summarized here. For more detail, please see the appended written reports.

Chair - Roger von Jouanne. Roger expressed appreciation for the contributions of LMSC Board members and those who hosted swim meets and open water swims, and those who coached and officiated or in other ways contributed to our sport. Our Board has four new members, the chairs of the Officials, Open Water, Fitness, and Top Ten committees. In each case there were multiple individuals who volunteered to step forward, testifying to the depth of talent and engagement in our LMSC.

This year our LMSC has supported tuition reimbursement for several members who participated in coach certification programs of USMS and covered the club registration fees for most of our long-term teams. The geography of our LMSC lends itself to hosting some of the nation's marquee open-water events every year, including the Bridges to Bluffs, Bussell Island, and Swim the Suck events. Finally, our membership for 2025 reached 1,000 as of this date.

Vice Chair - Chris Shrader. Chris was unable to attend. A written report is appended to these minutes.

Treasurer - Helen Naylor. Helen presented financial data broken down by different sources of income and expenditures for 2024 and 2025. Expenses associated with USMS Convention and "Relay" were nil in 2024, and minimal in 2025, as the majority of our LMSC representation was

done virtually. Anticipated expenses associated with holding stroke clinics (one in the Mobile area and the other in the Nashville area) were not made as plans for the clinics did not jell in 2025 (with the hope that they will in 2026). Helen reported we ended the year 2024 with a balance of nearly \$93,000 and forecasted that we will end 2025 with a balance of \$99,000.

Secretary - Conner Bailey. Conner summarized his responsibilities and activities as LMSC Secretary as preparing minutes of Board meetings and the LMSC's Annual Meeting and submitting the latter to the U.S. Masters Swimming (USMS) National office. To date there have been three Board meetings (January 31st, May 19th, and August 18th). The Board meetings and the Annual Meeting were all conducted on Zoom and recorded. Minutes are produced and distributed to Board members for review. Corrections are then made to the minutes and the minutes are adopted at the next Board or Annual Meeting. As Secretary, Conner schedules the Zoom meetings and participates actively during both Board and Annual Meetings.

Membership/Registration - Pia Vanheyste. Pia reported that to date Southeastern LMSC has 41 registered clubs with exactly 1,000 members, 52% of whom are women (a slightly higher percentage compared to USMS national totals, showing women are 49.8% of the membership). She also discussed a new ability for USMS members to change team affiliation by logging into their individual USMS membership page and designating a team for representation purposes.

Coaches - John Fox. John reports that we have 30 coaches registered with USMS in our LMSC. Eleven of these 30 reached their highest level of certification in 2025, reflecting success of our LMSC efforts to fund certification course costs. We only have two who have reached Level 4 (the highest level of certification) and only 9 who have reached Level 3. John recommends our LMSC request USMS offer clinics for Level 4 and below in a central location within our LMSC such as Birmingham or Huntsville.

Open Water - Lana Burl. Lana was unable to attend. Her written report is included in the appendix with other reports.

Fitness - Adam Arrington. Adam reported that he has submitted three articles for publication in our LMSC newsletter. The first dealt with fitness monitors and the two more recent articles dealt with aspects of "the sprint revolution" – how the best coaches are rethinking training techniques for sprint swimmers. He currently is working on a fourth article focusing on aging and recovery.

Officials - Gregg McAdams. Gregg was unable to attend as he was officiating a swim meet. His written report is appended.

Sanctions - Sharon Burlingame. Sharon reports that six pool and three open water events have been sanctioned and one event (Alabama State Games) was recognized. All the pool events were short-course yards (SCY). One of the sanctioned pool events was cancelled and another postponed due to lack of entries. A group discussion ensued with the point being made that most Masters swimmers wait until the last minute to register for meets, so meet directors might want to wait until the last minute before cancelling an event. Looking ahead, we have two SCY pool events sanctioned and two in the planning phase, including a new meet in Elizabethton, TN. Sharon also noted that the USMS National Office asked all Sanctions chairs to hold off sanctioning events for 2026 until swimmers could register for 2026 because the 2026 registration process included an additional step for members who wished to compete in the new year. This involved requesting an “event license,” which essentially is the USMS strategy to address legal challenges associated with transgender athletes.

Top 10 - Mary Jo Schmalz. Mary Jo reviewed the two basic responsibilities of the Top Ten Recorder: (1) processing results from sanctioned and recognized pool meets held in our LMSC and (2) preparing in a timely fashion Top Ten reports for short course yards, short course meters, and long course meters seasons. She presented data on the number of swimmers in each of the five meets held during 2025 and her reporting of one USMS swimmer who competed in a USA Swimming meet and wanted times to be included. For the SCY meet, no pool measurement form was obtained, so the results were not accepted, but such measurements were obtained for the long course meters event.

Diversity & Inclusion - Katherine Weathers. Katherine was unable to attend. A written report will be included when received.

Webmaster/Communications - Barbara Calhoun. Barbara serves both as webmaster and as editor of our LMSC newsletter. For the newsletter, Barbara solicits content from the Board and the general membership and compiles three or four newsletters each year. The next newsletter is scheduled to be distributed in early December 2025. She also plays an active role in regularly scheduled Board meetings.

Other Business

Unfinished business. There was no unfinished business.

Elections (Nominations Committee). Roger reported that a Nominations Committee has been appointed consisting of Sara Wolf (Auburn Master Swimmers), Cara Sprinz (Madison Titans), and Madison Gump (Kingsport Masters). The Nominations Committee is tasked with developing a slate of nominations for the five elected officers of the LMSC: Chair, Vice-Chair, Treasurer, Secretary, and Membership/Registrar. The Nominations Committee will meet in the near future. Self-nominations are welcome, and Conner urged those in attendance to consider serving the LMSC. With the exception of Chair, all other Officers are willing to continue serving if elected, but both Conner (Secretary) and Pia (Membership) encouraged others to put their names forward for either of their positions so that new people can participate in LMSC leadership.

New business. The first order of new business was for Helen to report the random number generated winner of their 2026 USMS membership fee (reimbursed, after membership completed). The winner was Kendall Visinsky from Memphis.

John Fox noted he is now the Open Water chair for USA Swimming LSC and wants to encourage our open water events to be dual sanctioned with USA Swimming. Helen noted that that already is the case. John also says he wants to hold clinics for open water officials and that there would be opportunity for USMS members to participate.

A question was raised regarding the Hobbs Island open water event, which was not sanctioned by USMS this year. Helen reported that they have had three new event directors in the last four years and the current director does not want to sanction with USMS.

Adam asks if there is a shortage of swim officials. John noted that there are only 17 USMS officials in our LMSC. Conner notes that many of our meets draw on USA Swimming officials. Penny Frantz asked how one goes about becoming a swim official. Conner says usually officials get certified by USA Swimming. John says that there is a USMS certification process which is quicker.

Penny suggests that Adam consider doing an article on osteoporosis given that swimming is a non-weight bearing sport, this might be useful.

Lindsay Keen from Birmingham noted that swimmers in her area are disappointed that there are no meets in central Alabama and there ensued a brief discussion about the Crossplex facility. Conner suggested that he and she might discuss this question in the next few days.

John mentioned Grown Up Swimming. Helen says that there is a large contingent in Nashville. Sharon says this a summer thing, a good way to recruit younger swimmers into USMS. A short

summer season, short distance races. Jeffrey Robinson said he was brought back into swimming by Grown Up Swimming. In Nashville there were a large number of participants, divided into 2 divisions, each between 90-120 swimmers. College age to early 90s. They used smaller “country club” pools so rental fees are low compared to renting out something like the Huntsville Aquatics Center.

Conner mentioned Collegiate Club Swimming, rule changes allow all CCS swimmers to have USMS numbers and their own LMSC. In Birmingham, for example, there may be a team at UAB. Question is whether we have access to CCS or Grown Up Swimming membership. The Auburn team has approximately 80 members. Helen reports that at Vanderbilt there are a reported 130 collegiate club members but there are no active swimmers.

Resolution and Orders. There were no actions taken under this heading.

Adjournment. The meeting adjourned at 8:20 p.m.

Respectfully submitted

Conner Bailey, Secretary
Southeastern LMSC

Chair's Report: Southeastern LMSC Annual Report; November, 2025

This has been a very good year for the SE LMSC, and that doesn't happen all by itself. I'm continually grateful for the energetic, enthusiastic, and professional contributions of our LMSC Board Members and Committee Chairpeople. On top of that are the hard-working folks throughout our LMSC, who are organizing and hosting swim meets and open-water swims, coaching, recruiting, officiating, and engaging in other activities to promote our sport and the general USMS organization.

The Southeastern LMSC Board has had four Board positions filled in the previous year or so, as the previous occupants of the positions had successfully completed their service and turned the page to new things. These four positions are:

Officials Chair, Open Water Chair, Fitness Chair, and Top-10/Records Chair.

In each case where an open Board/Chair position was advertised, we had several very capable candidates step forward to serve, showing that our LMSC is populated with individuals who are interested in supporting and sustaining this great sport of Masters Swimming.

The Southeastern LMSC Board continues to encourage personal growth and expanded capabilities for our membership, as we provided tuition-reimbursement to several of our members who participated in coaches training and certification courses over the past year. With a healthy budget, we also covered the 2025 team-registration-fees of most of our long-term teams.

The geography of the Southeastern LMSC lends itself to hosting some of the nation's marquee open-water events every year, and 2025 is no exception. The "Bridges to Bluffs", "Bussell Island", and "Swim the Suck" events were each a big success.

With steady recovery in membership in the years following COVID, we topped 1000 members in 2024, and achieved that mark again in 2025. We look forward to another good year ahead!

Respectfully submitted,
Roger von Jouanne
SE LMSC Board Chair

Vice-Chair Report

We held Level 2 and 3 Coaching along with Adult Learn to Swim (ALTS) certification in Mobile AL at Bishop State Community College March 29 and 30. The event was hosted by Bill Brenner and Mel Goldstein from USMS

The level 2 and 3 coaching classes had about 20 total coaches seeking the certification.

On Sunday, nine people attended to become certified in ALTS.

There were some out of state participants from Georgia, Florida and Louisiana.

Chris Shrader
Vice Chair, Southeastern LMSC

Southeastern LMSC Treasurer's Report for 2025
helen naylor
November 3, 2025

2024 Financial report

The 2024 financial report is on page 2 in the pink column (2024 actual). We had planned to do a clinic or two for the LMSC, but unfortunately, neither came to fruition. As the board attended the annual convention virtually, we ended up not spending as much as we had planned.

End of the year balance in both checking and savings was: \$92,682.33.

2025 Financials

The 2025 financial budget and forecast are in the blue and green columns on page 2 respectively. We had several of our usual meets held this year and we had a new open water event return this year. This year saw the removal of sanction fees (but not recognition fees), but also the lowering of the LMSC portion of the annual registration fee. We were able to support many clubs in covering the cost of their renewal and we appreciate their commitments to our members! We had hoped to hold an LMSC clinic this year, but the timing did not work out due to schedules. The USMS annual meeting was attended by most delegates virtually.

Membership incentives from the National Office mean that only membership registration income for the second half of the year (year plus memberships) is paid in 2025. 2026 membership amount is paid at the beginning of next year.

Current projected end of the year balance total is roughly \$ 99,000.00

2026 Budget

The purpose of the Budget is to approve allocating funds for events, policies, and programs. The goal of the Board will be to come in at or below budget! We have additional reserves right now, due to the lack of programs the last few years, thus the projected deficit. The plan is to spend down some of our reserve over the next few years and then get to a sustainable income/expense relationship (aka, balanced budget) with a reasonable reserve (usually two years of operating expenses). As this has not been approved by the board yet, it is not included in this report, but a draft will be shared at the meeting. Below, i've highlighted a few accounts.

Income:

- ⊕ We are cautious in estimating membership income, as we have not seen a significant bounce back in memberships compared with previous years.
- ⊕ The amount the LMSCs would receive from annual and club memberships will be further reduced.

Expenses:

- ⊕ USMS Fees:
 - Last year, the house of delegates at the annual convention elected to eliminate the sanction fees for pool and open water events. However, the recognition fee still applies.
 - We hope to once again support our longer standing clubs by covering their registration fee next year.
- ⊕ Convention will be virtual next year.
- ⊕ Coach & LMSC clinics:
 - The board is hoping to host at least one, possibly two stroke clinics if the timing works out. We will continue to support coaches' education.

If you have suggestions for additional programming or educational opportunities, please let the board know so we can consider. Please let us know if you have any questions, as they are always welcome!

Respectfully submitted helen naylor

Forecast for Southeastern LMSC as of November 3, 2025							
Account	Description	2024	2024	2025	2025	variance Actual-Budget	% Increase over Budget
		Budget	Final	Budget	Forecast		
Income							
Individual Memberships	12,755.00	14,552.61	11,055.00	12,262.00	1,207.00		10.9%
Clubs	448.00	476.00	60.00	84.00	24.00		
LMSC Donations		412.00		253.00	253.00		
One Event	32.00	480.36	156.00	408.18	252.18		161.7%
Interest	36.00	206.93	36.00	202.26	166.26		461.8%
Other							
USMS offset fees		492.00		(620.00)	(620.00)		
Income Total	13,271.00	16,619.90	11,307.00	12,589.44	1,282.44		11.3%
Expenses							
USMS Sanction Fees	3,250.00	1,910.00	300.00	100.00	(200.00)		-66.7%
Subvention payments & club fees	1,500.00	1,447.00	3,000.00	1,330.00	(1,670.00)		-55.7%
USMS Convention & "Relay"	3,000.00	-	5,400.00	700.00	(4,700.00)		-87.0%
Annual meeting	1,200.00	-	1,200.00	-	(1,200.00)		-100.0%
Small group LMSC mtgs	900.00	-	900.00	-	(900.00)		-100.0%
Coaching certifications	1,500.00	375.00	1,800.00	1,775.00	(25.00)		-1.4%
Coaching & LMSC clinics	3,900.00	-	3,900.00	-	(3,900.00)		-100.0%
Postage & Delivery	60.00	-	60.00	-	(60.00)		-100.0%
Internet Web hosting	210.00	150.00	210.00	210.00			0.0%
Travel Expense	1,700.00	1,519.30	1,700.00	1,827.99	127.99		7.5%
Bank Charges		(75.00)		-			
Supplies/Admin office expense	90.00	-	90.00	36.00	(54.00)		-60.0%
Telephone Long Distance		-		-			
Miscellaneous	360.00	70.00	360.00	-	(360.00)		-100.0%
Expenses Total	17,670.00	5,396.30	18,920.00	5,978.99	(12,941.01)		-68.4%
Overall Total	(4,399.00)	11,223.60	(7,613.00)	6,610.45	(11,658.57)		-186.8%

Report of the Secretary
Prepared for the 2025 Annual meeting of Southeastern LMSC
Monday, November 10, 2025

As Secretary for Southeastern LMSC, I keep minutes for Board meetings, annual meetings, and any other meetings that occur. Board meetings generally take place using Zoom. There have been three Board meetings to date in 2025 (January 31st, May 19th, and August 18th). The meetings are recorded to facilitate accurate reporting of the minutes of each meeting. The minutes are distributed to the Board, usually the day after the meeting and Board members are invited to submit corrections and clarifications. These comments are incorporated into minutes which are reviewed and adopted at the subsequent Board or annual meeting.

There were no meetings of the Executive Committee (officers only) during 2025.

As Secretary, I submit to USMS minutes of our annual meeting, including written reports of each officer and committee chair.

I also play an active role in discussions during Board and annual meetings.

Respectfully submitted,

Conner Bailey, Secretary
Southeastern LMSC

Membership report for 2025

<u>Southeastern</u>	<u>National</u>
41 clubs	3%
53 self-identified coaches	2%
1000 members	70,437 member
- 482 or 48% male	- 35327 or 50.2% male
- 518 or 52% female	- 35110 or 49.8% female

Administrative changes in 2025:

The athletes now have the ability to change club affiliation up to three times per year through their own personal athlete account.

Zones and LMSC's:

For the new comers:

- there are 8 zones nationally: Oceana, NW, SW, Breadbasket, S Central, Great Lakes, SE and Colonies
- there are 51 LMSC's

The SE Zone consists of: Southern, Southeastern, NC, SC, Georgia, FL and FL Gold Coast

Pia Vanheyste
SE LMSC Membership coordinator.

Southeastern LMSC Committee Annual Report (Coaches)

Monday, November 10, 2025

Coaches Chair for Southeastern LMSC:

The total number of coaches in the LMSC this year is 30.

Level 4 coaches: 2

Level 3 coaches: 9

Level 2 coaches: 17

Level 1 coaches: 2

Eleven of these coaches have completed their highest level certification in 2025. I would like to encourage our coaches to go to these clinics if they have the time.

Next years coaches course schedule has not been sent to the communities at large yet. I hope to see that by the first part of 2026. If possible, I would like to request a level 4 and below course be offered in a centrally located area of the LMSC. Possibly Birmingham or Huntsville to allow for cost conscious travel. We have twenty six coaches on our list that we could help with this opportunity.

I would like to suggest to our coaches that they advertise any and all stroke clinics for other teams to participate. This includes open water clinics as there are many triathletes who participate in the programs.

Respectfully,

John Fox

Wiregrass Aquatics Club

USAS, USMS, Head Coach

Southeastern LMSC

John.fox1@live.com

757-87-6711 (cell)

Officials Report 2026
Southeastern LMSC
Gregg McAdams

There have been no recent rule changes for USMS swim meets. The most recent rule change was when it became legal for swimmers doing the backstroke at the finish to be fully submerged within the last five meters (backstroke flags) before the final touch.

The USMS maintains a list of certified officials. There are 11 individuals within our LMSC. As Officials Chair, I also maintain a separate list of 15 officials (with some overlap) willing to work USMS meets in our LMSC. Those interested can contact me at SEofficials@usms.org.

Most officials are certified through USA Swimming. USMS has an alternative route for certifying officials that builds on the USA-S process but does not require becoming a USA-S member. For information on this approach to becoming an official, go to:
<https://www.usms.org/volunteer-central/guide-to-local-operations/event-management/officials/training-and-certification/officials-certification-program>

2025 LMSC Fitness Chair Report

November 10, 2025

Three Fitness articles have been submitted so far in 2025. A deep dive into fitness monitors and their benefits to swimmers was the first article topic. Pivoted then to a 3-part series on “The Sprint Revolution”. Two “Sprint” articles have been published in the newsletter.

Article 3 (Final Article in the series) focuses on modern speed improvement techniques that elite sprint swimmers now incorporate and focus on to maximize speed while still being efficient in the water. This feature is 95% complete and can be submitted within a few days.

Starting in 2026 I will first be focusing on “Practice Recovery”, with a special slant for those no longer in our 20s or 30s, who may struggle with recovery quickly. I have been researching the latest methods that top programs are utilizing and testing to maximize recovery after a challenging practice. Scheduled rest, nutrition and active recovery are now the new buzz words. My goal is to educate and encourage those who struggle with their speed of recovery.

Respectfully submitted –

Adam Arrington

Fitness Chair

Report of the Open Water Chair, Lana Burl

The SE LMSC hosted three USMS-sanctioned open water races.

Bussell Island Swim was held on 31-May in Lenoir City, TN on the Little Tennessee River, just upstream of the Fort Loudon Dam. The dual-sanctioned (USMS & USA Swimming) event featured three current-neutral distances (1-mile, 1.5-mile, 3-mile), with balanced participation. Swimmers ranged in age from 11 to 74, with 158 registered, 145 started, 140 finished. All five DNFs were okay (cold water)! These numbers reflect 50% growth from the first BIS in 2024. 22% of participants were USA Swimming members & 46% were USMS Annual members. The official water temperature was 69 degF, and 20 swimmers opted to participate "assisted" in wetsuits. The 2026 event is tentatively scheduled for Saturday 30-May.

Bridges to Bluffs returned for its eighth year in Knoxville, TN on 28-September. 14 two-person relays and 65 solo swimmers completed the downriver 10k swim in the Tennessee River. One swimmer DNF, withdrawing for a self-reported health issue. 58% of swimmers were USMS Annual members. The event was dual-sanctioned, with three USA Swimmers completing the race. A 2026 event is planned for September Sunday, with the final date TBA in December this year.

Swim the Suck celebrated its 14th 'swimming' on 04 October in Chattanooga in the Tennessee River. 127 swimmers registered, with 122 finishers. The water was an unseasonably warm 78.5 degF on race day, but the current was moderate! The 2026 Suck is planned for 03-October 2026.

Report of the Sanctions/Competition Committee Chair

Prepared for the 2025 Annual meeting of Southeastern LMSC

Monday, November 10, 2025

During 2025, Southeastern LMSC sanctioned six pool and three open water events, and recognized one event (Table 1). One of the pool events was cancelled due to low participation and one postponed, but has yet to modify the date. As such, I believe we would also classify that as a cancelled event. All of the pool events were short course yards. There were no sanctioned long-course or short-course meters meets in our LMSC.

Table 1: Competitions Sanctioned during 2025

Date	Event Title	Status	Type
Oct. 3, 2025	Swim the Suck - Open Water	Sanctioned	Open Water
Sep. 28, 2025	Bridges to Bluffs - Open Water	Sanctioned	Open Water
Sep. 21, 2025	2025 SEWANEE SCY Fall INVITATIONAL	Sanctioned	Pool SCY
June 14, 2025	Alabama State Games	Recognized	Pool SCY
May 31, 2025	2025 Chattanooga SCY Sprint Meet	Sanctioned-Postponed	Pool SCY
May 31, 2025	Bussell Island Swim	Sanctioned	Open Water
March 14, 2025	St. Patrick's Day Invitational 2025	Sanctioned-cancelled	Pool SCY
March 1, 2025	2025 SEWANEE SCY INVITATIONAL	Sanctioned	Pool SCY
Feb. 15-16, 2025	2025 Auburn Masters SCY Invitational	Sanctioned	Pool SCY
Jan. 18, 2025	NAC New Year Classic	Sanctioned	Pool SCY

As of today, we have four SCY meets scheduled or planned for spring 2026. Two meets have been sanctioned (Table 2). A first time host in Elizabethton, TN is planning to organize a short course yards meet to be held in March. They have a 5-lane pool. I had tried to connect them with Helen Naylor to discuss financial support.

Table 2: SCY Meets Scheduled for Early 2026

Date	Event Title	Status	Type
Jan. 23, 2026	NAC Masters New Year Classic	Sanctioned	Pool SCY
Feb. 14-15, 2026	2026 Southeast Zone SCY Champions	Sanctioned	Pool SCY
Feb. 28, 2026	2026 SEWANEE SCY SPRING INVITATI	Planned	Pool SCY
March ? 2026	Elizabethton Masters Invite	Early Planning	Pool SCY

In August, USMS sent an email to all sanctions chairs asking us to delay sanctioning events until they had the proper procedures in place to certify the gender of participants. This led to a delay in processing sanctions which were submitted for 2026 prior to November, 2025. I believe we're back on track now. However, it is my opinion that the USMS website needs additional resources to explain the new "event license" required to participate in competitions.

Respectfully submitted,

Sharon Burlingame

11/10/2025

Report of the Top Ten Recorder

Mary Jo Schmalz

Prepared on November 3, 2025

Presented at the annual Southeastern LMSC meeting

As Top Ten Recorder, my responsibilities are two-fold:

1. Process results from sanctioned and recognized pool meets held in our LMSC. This involves the following tasks:
 - a. Receive Meet Manager software output file from meet director, upload results to the USMS database, review and correct the individual swimmer and relay audit exceptions, and – when necessary – work with the meet director to resolve various issues (eg, specific questions about swim times, registration or name irregularities, etc.)
 - b. Work with Meet Director to ensure pool measurements are valid. This consists of looking up the pool to see if a pool measurement form is necessary and, if so, ensuring that the Meet Director properly completes and submits the pool measurement form to me. For a new facility, I will forward the pool measurement form to USMS for review, approval, and addition to their central certified pool course database.
 - c. Work with Meet Director to determine whether there were any one-event registrations, and if so, communicate accordingly with LMSC Registrar.
 - d. Communicate with other LMSC officers when meet results are processed and complete, so that subvention (when applicable) can be paid.
 - e. The objective is to upload and complete the 4 steps above within 2 weeks of a given meet. I have found that for sanctioned meets, this is very straightforward, and each meet typically takes 1-2 hours to review and process. In the cases of Senior Games & USA swimming events, the process can take longer. Luckily this year we only had 7 swimmers in the State Games, so the process was not long. Regarding the USA swimming events, we only had 2 - Southeastern Summer Championship & Southeastern Winter Championship.
2. Prepare Top Ten reports (both individual and relay) for each season: SCY (Short Course Yards), LCM (Long Course Meters), and SCM (Short Course Meters) and ensure they are submitted before the deadline of each season (SCY – June 30; LCM – Oct. 20; SCM – Jan. 26).

The Top Ten Recorder has no role in open water events. The position itself requires modest computer skills and an eye for detail, along with being responsive to ensure deadlines are met.

I held the Top Ten Recorder role for the duration of Nov 2024 and 2025 and have learned a tremendous amount about Top Ten recorder responsibilities.

During the period from November 1, 2024 to October 31, 2025, we had 4 sanctioned meets, 1 recognized meet, and 2 USA meets with 1 USMS swimmer. The recognized meet (Alabama State Games) was held in June 2025 and results were provided and added to the USMS database. The two USA Swimming meets (Southeastern Summer & Winter Championships, as mentioned earlier) included one USMS swimmer who competed and provided meet results. Results for the swimmer from the Summer Championships could not be included for Top Ten because there was not a SCY pool measurement form on record. Results from the Winter Championship were included for Top Ten because a LCM pool measurement form is on the USMS list of approved pools. As a USA event there was no need for a Bulkhead Placement Confirmation form. The results are only eligible for Top Ten & not AQUA Top Ten.

A big Thank You to Rick Schumacher, Conner Bailey, Helen Nalor, Pia Vanheyste, Roger von Jouanne, & Sharon Burlingame for their help & patience while I've been learning this new position.

Dates	Course	LMSC	Swimmers	2025 Meets
Sep 21, 2025	SCY	SE	30 member 5 nonmember	2025 SEWANEE SCY FALL INVITATIONAL (20250921TNSWANY)
Jul 18-20, 2025	LCM	SE	1 member	2025 SE Summer Championships HAC (20250720HUNWINL)
Jun 14, 2025	SCY	SE	7 member	Alabama State Games (20250614ALSTGAY)
May 31, 2025	SCY	SE	0	2025 Chattanooga SCY Sprint Meet (20250531CHATTYY)
Mar 14-15, 2025	SCY	SE	0	St. Patrick's Day Invitational 2025 (20250314KingptY)
Mar 1, 2025	SCY	SE	55 member 11 nonmember	2025 SEWANEE SCY INVITATIONAL (20250301Sew25Y)
Feb 21-23, 2025	SCY	SE	1 member	2025 SE Winter Championships HAC (20250223HUWINYY)
Feb 15-16, 2025	SCY	SE	164 member	2025 Auburn Masters SCY Invitational (20250215AUB25Y)
Jan 18, 2025	SCY	SE	81 member	New Year Classic (20250118NAC25Y)

USMS Top 10 Summary - Southeastern LMSC

Individual Top 10 Listings

2025 SCY ([105](#))

2024 SCM ([18](#)), LCM ([65](#)), SCY ([89](#))

Report of the Communications Committee

Prepared for the 2025 Annual meeting of Southeastern LMSC

Monday, November 10, 2025

As Chair for the Communications Committee for the Southeastern LMSC, I am responsible for the newsletters and website. For the newsletters, the committee solicits content from the Board and the general membership, providing regular sections on upcoming events and workouts, as well as educational articles from the Fitness Chair. We compile the content and publish it to the website three or four times each year, and provide a copy of the completed newsletter to the Membership Coordinator to be electronically sent to the membership. For the website, we make updates as needed with documents (newsletters, minutes, bylaws) and announcements (Board openings, special events).

As Chair, I also play an active role in discussions during regularly scheduled LMSC meetings.

Respectfully submitted,

Barbara Calhoun

Chair of the Communications Committee

Southeastern LMSC