

Southeastern LMSC

Annual Meeting

March 10, 2018

*Held at the University of the South, Sewanee, Tenn.*

1. Welcome from the Chair and introduction of officers

Chair Allison Ware opened the meeting at 4:06 PM, with 31 in attendance. Officers were introduced as they gave reports.

2. Review of the minutes from the February 2017 meeting at Auburn, Ala.

Secretary Alex Bruce noted that the minutes of the 2017 annual meeting had been available on the LMSC web site and had been sent to members by email. Hearing no calls for corrections or emendations, the minutes were approved as distributed.

3. Reports from officers

a. Allison Ware, Chair

The Chair noted that the year had been one for stability in the LMSC and thanked all those who contributed their time and effort to the LMSC, especially Chris Powers as Registrar, Conner Bailey as chair of the competition committee, and Rick Schumacher as chair of Top 10/Records. The Chair highlighted our meet incentive program as a tremendous benefit offered to clubs—not many LMSCs are able to be so supportive.

b. Stuart Wylie, Vice-Chair (report p. 4)

The Vice-Chair directed people to his written report.

c. Isaac Silver, Treasurer (in absentia; report p. 4)

The Treasurer had sent a written report. A question arose about the operating deficit of about \$10,000. The Registrar offered explanation in his report.

d. Alex Bruce, Secretary (report p. 5)

The Secretary submitted a written report.

e. Chris Powers, Registrar (report p. 5)

The Registrar noted the overall decline in membership of the LMSC as the key contributing fact to the decreased revenue. Discussion highlighted the challenges with requiring USMS membership for participants: different clubs operate within different systems with different situational rules (e.g., college clubs or government-run pools that allow participation without requiring USMS). Individuals who are not interested in competing have far less incentive to join USMS. Officers and members present were keenly aware of need to sustain growth and to find ways to encourage membership and

to support developing programs. (USMS officer and guest Bill Brenner addressed some strategies in his presentation later in the meeting.)

4. Reports from standing committees (Attendees were directed to written reports, which were summarized by the chair when present)

- a. Competition (Conner Bailey, chair; report p. 7)
- b. Top 10/Records (Rick Schumacher, chair; report p. 9)

Members were encouraged to review the Top 10 lists provided and to report errors to Schumacher ASAP.

- c. Website and Communication (Barbara Calhoun and Laura Ladd, co-chairs; report p. 16)

Ladd highlighted the range of stories in the fall 2017 newsletter and noted the winter edition would be out shortly. Ladd encouraged contributions from all clubs, including being willing to generate content when prompted. There was a request for having a predictable deadline for submissions; the suggestion from the Chair was the first day of the month of publication (e.g., a deadline of March 1 for a March 31 publication).

- d. Fitness (Maggie Klyce, chair; no report—time of transition)

- e. Coaches (Chris McPherson, chair; report p.16)

McPherson encouraged greater communication among coaches.

- f. Open Water (Stephanie Adcock, chair)

Allison Ware reported on Adcock's behalf about open water events, noting that we have many in our area. She thanked the LMSC for its generous support of open water events.

- g. Officials (Frank Odell, chair; report p. 17)

Odell stressed that as an LMSC we need to improve efforts to find a sufficient, even abundant number of officials for meets. Greater communication will help, as will training of additional officials.

- h. Distance / postal (Ashley Whitney, chair; p. 18)

Whitney directed attendees to review the list of activities and events provided.

5. Old business

- a. Review the two logo options for the LMSC

Attendees were reminded of the ongoing efforts to identify a logo for the LMSC. The two current proposals were again reviewed, and while there was thanks to those who had submitted designs, the consensus was that the LMSC officers will seek a new design.

6. New business

a. Bill Brenner, Chief Operating Officer, USMS national office

The chair welcomed Bill Brenner from the USMS national office. Brenner thanked the LMSC for the welcome and commended the swim meet and the overall turnout and enthusiasm at the LMSC meeting. Brenner then identified some changes the national office was making to its website to promote LMSC membership:

- The overall website is being improved.
- There will be better tracking of visitors with the ability to send reports to LMSCs.
- Clubs will also be designated as “gold standard” organizations if they meet certain criteria (e.g., have USMS-certified coaches and participate in events). Information has been emailed to club representatives.
- The Club Finder feature will be improved and require log-in as a USMS member. Brenner noted that USMS had been freely giving away information to non-members, and having the Club Finder and other features as “members only” will add value to the membership.
- Brenner noted that in order for Club Finder to work well, clubs need to update their information.

Brenner also shared USMS swim caps and other promotional material with attendees.

7. Announcements

The Chair noted that the 2020 LCM national championships will be held in Richmond, Virginia.

8. Adjournment

The meeting was adjourned at 5:06 PM.

### **Vice-Chair Report for Annual Meeting**

As a newly elected officer in the LMSC I have taken this opportunity to reach outside my home club and become more familiar with LMSC activities. One way I have been able to do that has been through the national peer-to-peer meetings where I have learned from members of various LMSCs across the country. Through our discussions on various topics, I have gained insight into several areas of interest to LMSCs and how various groups have addressed issues, what works, what doesn't, and how to make their LMSCs better.

Topics in these meetings have ranged from roles of various officers and committees, to conducting business and improving annual meetings, to promoting new fitness initiatives, and increasing membership. I was grateful for the opportunity to have input on how to make the fitness challenge series more successful as it is rolled out over the course of the year since fitness is an area I have felt needed more focus than it has had in the past.

Toward implementing some of what I've learned in these meetings, I've been working with several local groups of adult swimmers in East TN about possible USMS affiliation whether it be joining existing clubs or forming new clubs. Most groups are primarily fitness swimmers but each group has some swimmers interested in competing at some level. USMS affiliation will help these swimmers have the opportunity to compete as a team instead of relying on swimming as an unaffiliated individual. For those that are swimming for general fitness, I've been promoting the fitness aspect of USMS especially with the Winter Fitness Challenge that was introduced this year. Most USMS members do not compete so the typical fitness swimmer definitely has a place in USMS as well. I'm looking forward to being able to bring some of these groups into the LMSC this coming year.

Some of the local groups I've worked with in East TN also have a strong desire to teach adults how to swim. The number of drownings in the area is alarming. As a Certified Adult Learn to Swim Instructor, I've been assisting in their efforts and look forward to using this as a way to grow our LMSC, improve health and fitness, and teach valuable life skills to those who don't know how to swim.

Our recent national peer-to-peer meeting on improving LMSC annual meetings was very enlightening and I look forward to implementing several ideas into future meetings of our LMSC.

It has been a pleasure to serve this year and I look forward to getting out to other areas in the LMSC to see how we can make the LMSC better meet the needs of our members.

Respectfully submitted,

Stuart Wylie  
Vice Chair, SE LMSC

### **Treasurer's Report FY2017**

Total expenses for the period were \$26,094.42, total income for the period was \$17,037.93 for a net gain/loss of \$-9,056.49. The approved budget for FY17 called for expenses of \$26,380.00 and a net gain/loss of \$-10,133.00. The LMSC revenue and expenses were in line, to slightly better than budget.

The increase in expenses were mainly due to USMS Convention Fees and Swim/Coaching Clinics, both of which were included in the 2017 budget as line items and all the actual expenditures were in line with the budget. Cash reserves at the end of FY2017 stood at \$43,987.75.

### Secretary's Report

The Secretary maintained records, drafted communication, and assisted with organizing the annual meeting. Additionally, the Secretary coordinated the development of a guide to hosting a swim meet, to be published on the LMSC web site. (Alex Bruce, secretary)

### Registrar's Report

#### 2018 Annual Membership Report

Prepared by the Registrar, Chris Powers

Submitted 3/5/2018

Membership is down 34%. There are several clubs besides those in Nashville that have lost members. This is a large drop. Nationally we are seeing something similar happening with a 27% decrease. The National office was contacted to see what effect our LMSC had on the national figure and we account for 6.1% of USMS membership deficit.

While our club levels has stayed relatively the same.

This drop in membership is going to change our LMSC culture of proactive financial help. We may have a large bank account right now but, with less money coming in will the LMSC be able to support these large venues at the same rate?

Another effect could be that this is not a Summer Olympic year. Also could the aging & passing of baby boomers account for some of this? Should the LMSC create a task force to investigate all the reasons for the drop in membership?

#### Southeastern 2018

937 Members Registered

492 Men

445 Women

2 today

15 this month

#### Southeastern 2017

1,410

725

685

0

37

#### Southeastern Clubs

41 registered clubs for 2018

47 registered clubs for 2017

73 self-identified coaches for 2018

88 self-identified coaches for 2017

<u>Club Name</u>	<u>Abbr.</u>	<u>2017 Total</u>	<u>Latest Percentage Difference</u>	<u>2018</u>
<b>Total</b>				
Memphis Masters Swimming	901	31	-25.9%	20
Auburn Master Swimmers	AMS	69	78%	54
Aqua Raiders of Chattanooga	ARC	9	140.0%	12
About Time Masters Swimming	ATMS	9	-50.0%	4
Downtown Barracudas	BARR	4	-75.0%	1
Bartlett Xtreme Masters Club	BXMC	0		10
Central Alabama Master Swimmers	CAMS	27	-	22
Chattanooga Open Water Swimmers	COWS	22	25.0%	15
Crimson Tide Masters Swimming	CTMS	47	-87.0%	6
YMCA Coosa Valley Stingrays	CVYS	1	100.0%	2
Ensworth Aquatics Masters	ENSW	104	1.2%	85
Elk River Master's Swim Club	ERMS	4	-66.7%	1
Eastern Shore Masters Swimming	ESMS	43	0.0%	33
Excel Aquatics Masters	EXCL	14	100.0%	20
Gulf Coast Pirate Swimmers	GCPS	54	-32.7%	33
Huntsville Swim Assoc	HUNT	64	-20.4%	43
Jasper Masters Swim Team	JMST	8	16.7%	7
Kingsport Aquatic Center	KAC	25	27.8%	23
Kingsport Ancient River Pirates	KARP	1	0.0%	1
Lake Providence Masters	LPM	45	31.3%	42
Life Time Swim Southeast	LTSE	7	0.0%	4
Masters Anchors Swim Club	MASC	7	-42.9%	4
Madison Titans	MATT	24	-29.2%	17
Music City Masters	MCMS	1	-100.0%	0
Magic City Masters	MGCM	11	-42.9%	4
Ric Nuber YMCA Masters	MMC	7	-50.0%	3
Memphis Tiger Swimming Masters	MTS	0		2
Middle TN Masters Swim Club	MTSC	88	-25.6%	61
The Montgomery YMCA Barracudas	MYBM	8	-25.0%	3
Nashville Aquatic Club Masters	NASH	231	-38.2%	126
Navy Masters	NAVY	2	-100.0%	0
Okaloosa's Liquid Dragons	OLD1	86	-23.4%	49
Panama City Swim Team	PCST	33	-8.0%	23
Prattville Prehistoric Sea Lions	PPSL	7	0.0%	6
McCallie School Masters	RATS	13	0.0%	9
Results Fitness Systems Swim Club	RFS	3	-100.0%	0
University of the South Masters	SM	10	-20.0%	8
SouthPaw Masters	SPAW	7	0.0%	5
Tennessee Aquatics Masters Swimming	TNAQ	67	-16.0%	42
Unattached	UC15	132	-13.5%	91
Vanderbilt Swim Masters	VSM	14	-46.2%	7
YMCA Chattanooga Masters Swim Club	YCHA	51	-12.0%	42

**Report of the Competition Committee for 2017**

Southeastern LMSC

Conner Bailey, Sanctions Chair

February 25, 2018

2017 was a big year for Southeastern LMSC. We hosted two USMS National Championship Open Water swims in early June at Chattanooga, TN (2.4 mile Middle Distance and 9.2 mile Ultramarathon) and the following week hosted the National Senior games, a short course yards meet held in Birmingham, AL.

During calendar year 2017 we had 17 sanctioned and three recognized events, as follows (details below):

- 6 sanctioned SCY meets;
- 3 recognized SCY meets;
- 2 sanctioned LCM meets (one of which was essentially a 200m backstroke time-trial);
- 2 SCM meets;
- 4 open water events, and
- one clinic.

Of these 18 events, 6 were in Alabama, two were in Florida, and 10 were in Tennessee. One of the Alabama meets was an intra-squad swim meet (Huntsville) and one of the LC meets was essentially a time trial for a 200m back. All LCM, SCM, and OW events were in Tennessee. We need to encourage greater participation of teams in Alabama to host events. We are in particular in need of LCM and SCM events. Within Alabama, both Huntsville and Birmingham represent good places to host a meet and I recommend the Board make efforts to encourage this.

Over the last few years, USMS has started charging LMSCs for sanctioning and recognizing events. Recognitions cost \$100. This is not a huge expense and I see no problem continuing as is, certainly for state senior games and the like. USMS only charges \$50 for sanctioning pool meets, but sanctioning an open water event costs \$1,000. As it is, I simply review any OW sanction request that comes to me and approve for further review at USMS-national. Doing so commits our LMSC to \$1,000 for each event. There were 4 such OW events in 2017. I will continue doing as I have been doing until given further guidance.

Details of sanctioned and recognized events are presented on the next page.

Respectfully submitted,

Conner Bailey  
Sanctions Chair, Southeastern LMSC

## SANCTIONED AND RECOGNIZED EVENTS DURING 2017

Sanctioned, Short Course Yards

1. Auburn, AL. Auburn Masters Swimmers. Auburn SCY Invitational, February 11-12, 2017
2. Sewanee, TN. University of the South. 3rd Annual Sewanee Short Course Yards Invitational. March 4, 2017.
3. Fairhope, AL. Eastern Shores Masters Swimmers, Oktober Splash 2017 Invitational. September 23, 2017.
4. Pensacola, FL. 2017 Dotty Whitcomb Memorial Turkey Dip Swim Meet. November 18, 2017.
5. Fort Walton Beach, FL. 2<sup>nd</sup> Anniversary Weekend at Bernie's Masters Meet. December 16, 2017.
6. Huntsville, AL. Red & Blue Intrasquad/Alumni/Masters Meet. September 23, 2017.

Recognized, Short Course Yards

1. Dothan, AL. Alabama State Games, June 10, 2017.
2. Nashville, TN. Tennessee Senior Olympics State Finals
3. Birmingham, AL. National Senior Games. June 5-10, 2017.

Long Course Meters

1. Nashville, TN. Nashville Aquatic Club. 2017 NAC Masters Summer Solstice. June 17, 2017
2. Nashville, TN. NAC Masters Last Chance Backstroke Event. June 24, 2017.

Short Course Meters

1. Sewanee, TN. University of the South. 4th Annual Sewanee SCM Invitational. September 23, 2017.
2. Nashville, TN. Nashville Aquatic Club. 6<sup>th</sup> Annual NAC Masters Sprinting Turkey Classic. November 18, 2017

Open Water

1. Chattanooga, TN. Chattanooga Swim Fest. Three separate swims, two of which were national championship events (9.2 and 4.5 mile). June 2-4, 2017.
2. Nashville, TN. 2017 Splashville Open Water Challenge. May 13, 2017.
3. Chattanooga, TN. Swim the Suck. October 13-14, 2017.
4. Knoxville, TN. Bridges to Bluffs. September 17, 2017.

Other

1. Auburn, AL. Southeastern LMSC Clinic. May 20, 2017.

## Report of the Top Ten Recorder

Rick Schumacher

Prepared on February 25, 2018

Presented at the annual LMSC meeting on March 10, 2018 at Sewanee, TN

As Top Ten Recorder, my responsibilities are two-fold:

1. Process results from sanctioned and recognized pool meet held in our LMSC. This involves the following tasks:
  - a. Receive Meet Manager software output file from meet director, upload results to the USMS database, review and correct the individual swimmer and relay audit exceptions, and – when necessary – work with the meet director to resolve various issues (eg, specific questions about swim times, registration or name irregularities, etc).
  - b. Work with Meet Director to ensure pool measurements are valid. This consists of looking up the pool to see if a pool measurement form is necessary and, if so, ensuring that the Meet Director properly completes and submits the pool measurement form to me. For a new facility, I will forward the pool measurement form to USMS for review, approval, and addition to their central certified pool course database.
  - c. Work with Meet Director to determine whether there were any one-event registrations, and if so, communicate accordingly with LMSC Registrar.
  - d. Communicate with other LMSC officer when meet results are processed and complete, so that subvention (when applicable) can be paid.
  - e. The objective is to upload and complete the 4 steps above within 2 weeks of a given meet. I have found that for sanctioned meets, this is very straightforward, and each meet typically takes 1-2 hours to review and process. For recognized meets – particularly large “Senior Games” events – this can be more involved, because the underlying participant data hasn’t been validated beforehand (ie, swimmer names, USMS valid id’s, birth dates, etc.). This causes many exceptions to be kicked out in the USMS database, which then have to be individually researched. I have recently begun communicating with meet directors of recognized meets \*before\* the event to guide them on areas to be particularly careful of, which appears to have improved the quality of data that comes to me.
  
2. Prepare Top Ten reports (both individual and relay) for each season: SCY (Short Course Yards), LCM (Long Course Meters), and SCM (Short Course Meters) and ensure they are submitted before the deadline of each season (SCY – June 30; LCM – Oct. 20; SCM – Jan. 26).

The Top Ten Recorder has no role in open water events. The position itself requires modest computer skills and an eye for detail, along with being responsive to ensure deadlines are met.

I took over the Top Ten Recorder role in June 2017.

During the 2017 calendar year, we had 12 sanctioned or recognized meets. All results were processed promptly. All Top Ten reports were submitted on time.

### 2017 Pool Meets

1. Auburn SCY Invitational, 2/11-12/2017. Results uploaded 2/21/17.
2. 3rd Annual Sewanee SCY Invitational. 3/4/17. Results uploaded 3/9/17.
3. National Senior Games. 6/5-10/2017. Results uploaded 6/16/2017.
4. Alabama State Senior Games. 6/10/2017. Results uploaded 6/22/2017.
5. 2017 NAC Masters Summer Solstice Meet. 6/17/2017. Results uploaded 6/19/2017.
6. 2017 NAC Masters Last Chance Backstroke Event. 6/24/2017. Results uploaded 6/25/2017.
7. 2017 Tennessee State Senior Games. 6/27/2017. Results uploaded 7/28/2017.
8. 4th Annual Sewanee SCM Invitational. 9/23/2017. Results uploaded 10/2/2017.
9. ESMS Oktobersplash Invitational. 10/14/2017. Results uploaded 10/17/2017.
10. 2017 Dotty Whitcomb Memorial Turkey Dip Swim Meet. 11/11/2017. Results uploaded 11/16/2017.
11. NAC Masters Sprinting Turkey Classic. 11/18/2017. Results uploaded 12/2/2017.
12. 2nd Anniversary Weekend at Bernie’s Masters Meet. 12/16/17. Results uploaded 12/28/17.

## 2017 USMS Top 10 SCM for Southeastern LMSC

**This is a preliminary Top 10 listing for proofreading purposes only.**

## Women 25-29

Place	Event	Name	Age	Club	LMSC	Time
2	100 IM	Ellen P Williamson	25	NASH	Southeastern	1:07.63
6	200 IM	Lauren E Matevish	26	NASH	Southeastern	2:38.99

## Women 35-39

Place	Event	Name	Age	Club	LMSC	Time
4	200 Free	Ashley A Whitney	38	NASH	Southeastern	2:22.81
3	400 Free	Ashley A Whitney	38	NASH	Southeastern	4:54.43
4	800 Free	Allison R Ware	37	NASH	Southeastern	12:09.37

## Women 40-44

Place	Event	Name	Age	Club	LMSC	Time
9	800 Free	Jennifer Smith	43	ARC	Southeastern	11:57.24

## Women 70-74

Place	Event	Name	Age	Club	LMSC	Time
9	100 Breast	Frances L Roark	71	AMS	Southeastern	2:02.52
7	200 Breast	Frances L Roark	71	AMS	Southeastern	4:22.80

## Men 25-29

Place	Event	Name	Age	Club	LMSC	Time
5	200 Fly	Dakota Hodgson	26	NASH	Southeastern	2:16.89

## Men 30-34

Place	Event	Name	Age	Club	LMSC	Time
9	800 Free	John Curwen	34	NASH	Southeastern	11:27.01
6	200 Breast	John Curwen	34	NASH	Southeastern	2:59.85
5	200 IM	Jack P McAfee	33	TNAQ	Southeastern	2:30.91

## Men 40-44

Place	Event	Name	Age	Club	LMSC	Time
10	100 Breast	Alexander Shavrov	41	NASH	Southeastern	1:18.08

## Men 50-54

Place	Event	Name	Age	Club	LMSC	Time
6	800 Free	Eric R Anderson	54	SPAW	Southeastern	9:55.81
9	200 Fly	Rick Schumacher	54	RATS	Southeastern	2:41.73
9	400 IM	Eric R Anderson	54	SPAW	Southeastern	5:24.55

## Men 55-59

Place	Event	Name	Age	Club	LMSC	Time
6	800 Free	William Brigham	58	SPAW	Southeastern	10:18.51
3	200 Fly	William Brigham	58	SPAW	Southeastern	2:29.74
7	400 IM	William Brigham	58	SPAW	Southeastern	5:41.39

Men 60-64						
Place	Event	Name	Age	Club	LMSC	Time
=====	=====	=====	===	====	=====	=====
8	100 Free	Charles F Lemaistre	63	NASH	Southeastern	1:02.37
10	50 Back	Charles F Lemaistre	63	NASH	Southeastern	33.86

Men 70-74						
Place	Event	Name	Age	Club	LMSC	Time
=====	=====	=====	===	====	=====	=====
9	800 Free	Conner Bailey	71	AMS	Southeastern	12:33.85
10	1500 Free	David W Schumann	71	TNAQ	Southeastern	27:53.00

Men 75-79						
Place	Event	Name	Age	Club	LMSC	Time
=====	=====	=====	===	====	=====	=====
10	100 Free	John W Disterdick	75	YCHA	Southeastern	1:27.33

Men 80-84						
Place	Event	Name	Age	Club	LMSC	Time
=====	=====	=====	===	====	=====	=====
4	50 Breast	Wang Lau	81	YCHA	Southeastern	47.24
9	50 Breast	Walt Lenard	80	ENSW	Southeastern	53.33
1	100 Breast	Wang Lau	81	YCHA	Southeastern	1:44.08
3	200 Breast	Wang Lau	81	YCHA	Southeastern	3:53.91

## 2017 USMS Top 10 LCM for Southeastern LMSC

## Women 18-24

Place	Event	Name	Age	Club	LMSC	Time
7	100 Free	Hadley E Judson	24	NASH	Southeastern	1:07.21
7	50 Fly	Hadley E Judson	24	NASH	Southeastern	33.22

## Women 30-34

Place	Event	Name	Age	Club	LMSC	Time
1	50 Breast	Elizabeth Bruce	33	NASH	Southeastern	35.51
10	50 Breast	Lindsay Keen	30	JSC	Southeastern	38.15
5	100 Breast	Elizabeth Bruce	33	NASH	Southeastern	1:19.60
7	100 Breast	Lindsay Keen	30	JSC	Southeastern	1:25.45

## Women 35-39

Place	Event	Name	Age	Club	LMSC	Time
4	100 Free	Ashley A Whitney	38	NASH	Southeastern	1:06.05
3	200 Free	Ashley A Whitney	38	NASH	Southeastern	2:21.22
3	400 Free	Ashley A Whitney	38	NASH	Southeastern	5:03.86
7	200 IM	Ashley A Whitney	38	NASH	Southeastern	2:43.85

## Women 45-49

Place	Event	Name	Age	Club	LMSC	Time
10	800 Free	Heather M Rietz	49	ENSW	Southeastern	11:23.33

## Women 50-54

Place	Event	Name	Age	Club	LMSC	Time
5	50 Free	Chris A McPherson	50	ENSW	Southeastern	30.30
5	100 Free	Chris A McPherson	50	ENSW	Southeastern	1:06.87
5	50 Back	Chris A McPherson	50	ENSW	Southeastern	35.43
4	100 Back	Chris A McPherson	50	ENSW	Southeastern	1:17.83
4	50 Fly	Chris A McPherson	50	ENSW	Southeastern	31.95

## Women 70-74

Place	Event	Name	Age	Club	LMSC	Time
5	100 Free	Brenda Payne	70	UC15	Southeastern	1:29.03
8	200 Free	Brenda Payne	70	UC15	Southeastern	3:22.05
8	400 Free	Brenda Payne	70	UC15	Southeastern	7:14.97
4	800 Free	Brenda Payne	70	UC15	Southeastern	14:33.56
2	1500 Free	Brenda Payne	70	UC15	Southeastern	27:16.28
7	200 Back	Brenda Payne	70	UC15	Southeastern	3:48.86
7	200 Breast	Frances L Roark	71	AMS	Southeastern	4:27.47

## Men 18-24

Place	Event	Name	Age	Club	LMSC	Time
9	50 Breast	Matt F McPherson	22	ENSW	Southeastern	33.44

## Men 40-44

Place	Event	Name	Age	Club	LMSC	Time
10	100 Breast	Alexander Shavrov	41	NASH	Southeastern	1:21.00

## Men 55-59

Place	Event	Name	Age	Club	LMSC	Time
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5	100 Free	Doug A Thain	57	MTSC	Southeastern	1:00.31
9	200 Free	Doug A Thain	57	MTSC	Southeastern	2:18.03
5	400 Free	Doug A Thain	57	MTSC	Southeastern	4:54.81
4	1500 Free	Doug A Thain	57	MTSC	Southeastern	20:01.22
7	50 Back	Paul Dassow	55	RATS	Southeastern	32.38
8	100 Back	Doug A Thain	57	MTSC	Southeastern	1:11.76

## Men 60-64

Place	Event	Name	Age	Club	LMSC	Time
10	100 Back	Jeff Ockerman	62	NASH	Southeastern	1:16.79

## Men 70-74

Place	Event	Name	Age	Club	LMSC	Time
8	1500 Free	Conner Bailey	71	AMS	Southeastern	24:46.99

## Men 80-84

Place	Event	Name	Age	Club	LMSC	Time
5	200 Free	William J Lauer	83	TNAQ	Southeastern	3:31.21
3	400 Free	William J Lauer	83	TNAQ	Southeastern	7:10.54
2	50 Breast	Wang Lau	81	YCHA	Southeastern	47.69
2	100 Breast	Wang Lau	81	YCHA	Southeastern	1:48.07
6	100 Breast	William J Lauer	83	TNAQ	Southeastern	1:58.77
2	200 Breast	Wang Lau	81	YCHA	Southeastern	4:03.01
5	50 Fly	William J Lauer	83	TNAQ	Southeastern	54.36
2	100 Fly	William J Lauer	83	TNAQ	Southeastern	1:54.91
2	200 IM	William J Lauer	83	TNAQ	Southeastern	3:49.23
2	400 IM	William J Lauer	83	TNAQ	Southeastern	8:32.85

## 2017 USMS Top 10 SCY for Southeastern LMSC

## Women 18-24

Place	Event	Name	Age	Club	LMSC	Time
7	1000 Free	Ashley M Frith	23	OLD1	Southeastern	12:23.77

## Women 25-29

Place	Event	Name	Age	Club	LMSC	Time
7	500 Free	Blakeley Fleming	29	MATT	Southeastern	5:21.94
1	1650 Free	Blakeley Fleming	29	MATT	Southeastern	18:16.22
10	50 Back	Emile E Sumner	29	AMS	Southeastern	28.44
9	100 Back	Rebecca E Koch	27	AMS	Southeastern	1:01.12
10	100 Back	Emile E Sumner	29	AMS	Southeastern	1:01.15
4	200 Back	Blakeley Fleming	29	MATT	Southeastern	2:09.48
8	200 Fly	Blakeley Fleming	29	MATT	Southeastern	2:17.21
8	400 IM	Blakeley Fleming	29	MATT	Southeastern	4:43.68

## Women 40-44

Place	Event	Name	Age	Club	LMSC	Time
5	100 Fly	Kelli A Broussard	44	UC15	Southeastern	1:03.41
10	100 IM	Kelli A Broussard	44	UC15	Southeastern	1:06.24

## Women 45-49

Place	Event	Name	Age	Club	LMSC	Time
4	50 Back	Patty A Tomley	49	ESMS	Southeastern	30.05
9	200 Back	Patty A Tomley	49	ESMS	Southeastern	2:27.03

5	50 Fly	Detra R Cleven	48	KAC	Southeastern	28.29
Women 75-79						
Place	Event	Name	Age	Club	LMSC	Time
====	=====	=====	===	====	=====	=====
9	50 Back	Barbara J Dillard	78	CCM	Southeastern	49.68
8	100 Back	Barbara J Dillard	78	CCM	Southeastern	1:49.98
9	200 Back	Barbara J Dillard	78	CCM	Southeastern	4:00.85
10	100 IM	Barbara J Dillard	78	CCM	Southeastern	1:56.97
Women 85-89						
Place	Event	Name	Age	Club	LMSC	Time
====	=====	=====	===	====	=====	=====
9	50 Breast	Betty H Sanslow	85	LPM	Southeastern	1:55.01
7	100 IM	Betty H Sanslow	85	LPM	Southeastern	4:11.94
Women 90-94						
Place	Event	Name	Age	Club	LMSC	Time
====	=====	=====	===	====	=====	=====
1	50 Free	Marjorie Stone	93	GCPS	Southeastern	59.35
1	100 Free	Marjorie Stone	93	GCPS	Southeastern	2:16.09
1	200 Free	Marjorie Stone	93	GCPS	Southeastern	5:27.64
1	50 Back	Marjorie Stone	93	GCPS	Southeastern	1:21.03
1	50 Breast	Marjorie Stone	93	GCPS	Southeastern	1:07.08
1	100 Breast	Marjorie Stone	93	GCPS	Southeastern	2:36.16
2	200 Breast	Marjorie Stone	93	GCPS	Southeastern	6:12.39
Men 18-24						
Place	Event	Name	Age	Club	LMSC	Time
====	=====	=====	===	====	=====	=====
8	100 Fly	Silas R Garrett	20	UC15	Southeastern	51.71
Men 25-29						
Place	Event	Name	Age	Club	LMSC	Time
====	=====	=====	===	====	=====	=====
4	1650 Free	Levi J Smolin	26	MATT	Southeastern	17:27.42
Men 50-54						
Place	Event	Name	Age	Club	LMSC	Time
====	=====	=====	===	====	=====	=====
9	1650 Free	Eric R Anderson	53	SPAW	Southeastern	18:42.94
Men 55-59						
Place	Event	Name	Age	Club	LMSC	Time
====	=====	=====	===	====	=====	=====
6	100 Free	David D Berry	56	MATT	Southeastern	52.92
10	100 Free	Doug A Thain	56	MTSC	Southeastern	53.21
6	200 Free	Doug A Thain	56	MTSC	Southeastern	1:56.09
8	500 Free	Doug A Thain	56	MTSC	Southeastern	5:27.70
9	1000 Free	Doug A Thain	56	MTSC	Southeastern	11:22.04
8	50 Back	Doug A Thain	56	MTSC	Southeastern	27.95
9	100 Back	Roger Von Jouanne	55	MATT	Southeastern	1:01.35
1	200 Back	Roger Von Jouanne	55	MATT	Southeastern	2:09.27
8	100 IM	David D Berry	56	MATT	Southeastern	1:00.08
8	200 IM	Roger Von Jouanne	55	MATT	Southeastern	2:13.79
3	400 IM	Roger Von Jouanne	55	MATT	Southeastern	4:48.25
Men 65-69						
Place	Event	Name	Age	Club	LMSC	Time
====	=====	=====	===	====	=====	=====
7	1000 Free	Bill Evans	65	GCPS	Southeastern	13:13.68
7	1650 Free	Bill Evans	66	GCPS	Southeastern	21:14.85

## Men 70-74

Place	Event	Name	Age	Club	LMSC	Time
=====	=====	=====	====	====	=====	=====
6	200 Back	Ed Reed	73	CTMS	Southeastern	2:53.32
9	100 Breast	Ed Reed	73	CTMS	Southeastern	1:23.86
7	200 Breast	Ed Reed	73	CTMS	Southeastern	3:01.60
7	200 IM	Ed Reed	73	CTMS	Southeastern	2:46.89
4	400 IM	Ed Reed	73	CTMS	Southeastern	6:08.31

## Men 80-84

Place	Event	Name	Age	Club	LMSC	Time
=====	=====	=====	====	====	=====	=====
8	100 Free	Ray Ascherfeld	81	GCPS	Southeastern	1:18.47
5	200 Free	Ray Ascherfeld	81	GCPS	Southeastern	3:03.21
5	500 Free	Ray Ascherfeld	81	GCPS	Southeastern	8:42.09
8	50 Back	Ray Ascherfeld	81	GCPS	Southeastern	40.37
5	100 Back	Ray Ascherfeld	81	GCPS	Southeastern	1:28.50
4	200 Back	Ray Ascherfeld	81	GCPS	Southeastern	3:25.55
1	50 Breast	Wang Lau	80	YCHA	Southeastern	41.12
1	100 Breast	Wang Lau	80	YCHA	Southeastern	1:33.35
1	200 Breast	Wang Lau	80	YCHA	Southeastern	3:32.15

### **Communication Committee (Newsletter and website)**

Barbara Calhoun and Laura Ladd

Our intent is to publish quarterly, on a regular basis, going forward. We welcome photos and stories, and story ideas, from our members! Our intent is to ensure a broad representation of news from our entire LMSC. Our editorial deadline is about two weeks prior to each issue, and we can provide that information, going forward, to anyone interested in submitting content.

In each issue, we include the following departments/features:

- A note from the Chair
- LMSC team profile
- Individual member news
- Workout from an LMSC coach
- LMSC issues/meetings/convention happenings, new rules, etc
- Upcoming meets
- Special events
- Any other news and tidbits from our members (awards, certification classes, clinics)

Our March issue (which will publish mid-March) will include the following:

- A note from our Chair, Allison Ware
- Great White Shark Aquatics of Chattanooga - new masters' team profile (Phil Donihe)
- Member news/reports from recent meets (Auburn, KAC Masters at Sunbelt Championship Masters Meet in SC, Sewanee Masters meet)
- Nashville Dolphins fundraiser a great success! (photos and short review)
- Sam McNair's national open water honors
- LMSC Meeting highlights
- Swim Across America fundraiser (coming to Nashville, this June!)
- NAC Summer Solstice Meet/Splashville Open Water Challenge
- LMSC logo contest

### **Fitness**

(No report this year—leadership transition)

### **Coaches' Committee Report**

Written for March 10, 2018, Annual SE LMSC Meeting, Sewanee, TN

By Chris McPherson, SE LMSC Coaches' Committee Chair

#### Accomplished

-Submitted a piece for the Winter 2017 SE LMSC Newsletter to reach out Masters' coaches in our region to offer assistance:

#### **Calling All Coaches ...**

SE LMSC Coaches: Do you need some advice on how to grow your team? Would you like some help in constructing specific types of workouts? Are you curious about coaching certification levels and how to attain them? Would you be interested in learning the items involved in hosting swim meets? .....

As the new chair of the SE LMSC Coaches Committee, I want to reach out to all coaches to offer my assistance with any coaching-specific questions. I will get back to you with information you need or direct you to someone else who can help with the specifics. Please feel free to contact me – Chris McPherson – by e-mailing [mcpersonc@ensworth.com](mailto:mcpersonc@ensworth.com).

Received one e-mail reply, and responded with advice, as well as an offer to meet in person to further discuss.

#### Goals

- To create a working list of all SE LMSC Masters' coaches, including contact info and description of program.
- To promote better communication among all SE LMSC coaches; will in turn allow for promotion/better attendance of meets, clinics, events, etc., as well as the sharing of ideas and accomplishments to foster peer-support.
- Encourage all Masters' coaches to become USMS-certified.
- Connect with each coach in LMSC to find out specific needs and how we can be of help with each program.
- etc....

#### Note

I am a member of the USMS Coaches' Committee and have been designated as the Chair for a new Mentoring subcommittee. This new initiative will certainly overlap with my duties on our regional board, and I hope we will soon have new national protocols in place, which will in turn enhance the support of coaches in our SE LMSC.

### **Open Water**

#### **Officials Chair Report**

**March 7, 2018**

Many teams have hosted many meets. I have attended only a few, but seems like the common thread is minimal number of officials available and we make due with what we have.

Looking forward, my goal is to better communicate with the Meet Director's and Meet Referee's as soon as each meet is sanctioned. Helping to find officials for meets has been problematic due to the large geographical area our LMSC covers, and no master list of qualified and interested masters officials.

I would like to recruit a qualified Referee from each Zone within the LMSC and add them as Officials Committee members, then help them recruit, train, and communicate with local USA, USMS, and Rec officials in their Zone to develop a base of interested and qualified officials for Masters Meets.

We do have a great resource in the National officials' committee as they have established base line requirements for officials with more local flexibility, less cost than USA officials, and still maintain the standard of observing every swimmer in every event for compliance with the rules.

It is far better for a Masters Swimmer to be disqualified at a local meet for an infraction, then to advance to a regional competition.

As soon as we have established a local official in each zone, communication with and tracking of qualified USMS officials should help us fill the deck at every meet.

Frank Odell

Officials Chair

**Distance / Postal**

Ashley Whitney

Reminder - all epostal swims now require online entry. Note that team entries are allowed. Results are compiled by the hosting team & distributed electronically.

Look for newsletter highlights on LMSC swimmers as they travel around the country/world to take on long distance open water swims. One of last year's stories was about Sewanee's own Sam McNair. If you know of anyone taking on neat events or races, email them in!

Our LMSC hosted two of the national long distance championships in 2017 in the Chattanooga Swim Fest. The weather threw them a curveball with some amazing current in the Tennessee River but by all accounts (& times), a good time was had by all. Stan Corcoran & Karah Nazor deserve huge kudos for taking on such a feat.

The 2018 edition of the Chattanooga Swim Fest is this year's Dixie Zone championships as well.

**2018 U.S. Masters Swimming Open Water National Championships****Sprint-Distance Open Water National Championship (1 mile)**

Little Grassy Lake, Makanda, IL, June 9, 2018

**Middle-Distance Open Water National Championship (2 miles)**

Reston, Virginia, May 27, 2018

**Long-Distance Open Water National Championship (5K)**

Fire Island, New York, July 7, 2018

**Marathon-Distance Open Water National Championship (10K)**

Applegate Lake, Jacksonville, Oregon, July 14, 2018

**Ultramarathon-Distance Open Water National Championship (10.7 miles)**

Willamette River, Portland, Oregon, July 8, 2018

**2-Mile Cable Open Water National Championship**

Foster Lake, Oregon, July 12, 2018

**1-Hour ePostal National Championship – Just Finished****5K/10K ePostal National Championships (50 meter pools only)**

May 15–September 15, 2018

**3000/6000-Yard ePostal National Championships (25 yard or 25 meter pools only)**

September 15–November 15, 2018

**2019 U.S. Masters Swimming Open Water National Championships****Sprint-Distance Open Water National Championship (1 mile)**

Lake Willoughby, VT, August 16, 2019

**Middle-Distance Open Water National Championship (2 miles)**

Lake Berryesea, CA, June 1, 2019

**Long-Distance Open Water National Championship (5K)**

Lake Willoughby, VT, August 17, 2019

**Marathon-Distance Open Water National Championship (10K)**

Bridges to Bluffs – Knoxville, Tennessee River, September 22, 2019

**Ultramarathon-Distance Open Water National Championship (10.7 miles)**

Willamette River, Portland, Oregon, July 14, 2019

**2-Mile Cable Open Water National Championship**

Indianapolis, IN, June 15, 2019

**1-Hour ePostal National Championships**

January 1 – February 28, 2019

**5K/10K ePostal National Championships (50 meter pools only)**

May 15–September 15, 2019

**3000/6000-Yard ePostal National Championships (25 yard or 25 meter pools only)**

September 15–November 15, 2019