# Proposed Change to the USMS Rules of Competition

The following proposal has been submitted, in accordance with article 601.2.4 to the Rules Committee for consideration by the House of Delegates at the 2015 Convention.

Since this is not a "Rules" year, proposed rules changes are considered as described in articles 601.2.4 and 601.4.6 and may be passed by a nine-tenths vote of the House of Delegates if the proposed amendments are deemed an emergency by and recommended for approval by the Rules Committee.

## Deemed NOT an emergency by the Rules Committee 10/01/15

### **PROPOSED RULE CHANGE**

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Action	: Ado	pted	Defeated	Adopted/Amended	Tabled	Postponed	Withdrawn	Pulled	

#### ARTICLE 106: Health and Safety Regulations for Competition

#### **106.1 Medical Examination**

Each competitor is strongly encouraged to have a complete medical evaluation before beginning Masters swimming training. In addition, it is recommended that each competitor have a physical checkup immediately prior to Masters swimming competition to ensure physical readiness for participation.

#### **106.2 Medical Equipment**

Meet directors are encouraged to investigate the use of appropriate emergency medical equipment and personnel for all meets.

*Rationale:* Article 106 should be deleted entirely. Section 106.1 is impossible to enforce: "immediately prior to Masters swimming competition" could mean just before climbing on the blocks. The Sports Medicine and Science Committee feels that continuing to include 106.1 could result in liability risks for US Masters Swimming.