Pacific Masters Monthly Meeting November 8, 2015 Meeting was held at St. Mary's College

Attendees: Over 180 Pacific Masters swimmers attended a workout with Matt Grevers 2012 Olympic Gold Medalist, and attended a stroke technique discussion, then had lunch and Annual Meeting.

Call to Order and introductions: The meeting was called to order by Peter Guadagni, Chairman at 12:30 pm.

CALL TO ORDER & INTRODUCTIONS I APPROVAL OF MINUTES OF October 21, 2015 (separate attachment)

Approved as amended for typographical errors.

II OFFICERS' REPORTS

CHAIRMAN - PETER GUADAGNI, report attached.

Please make sure Committee Chairs submit reports by October 29 to Charlene, so we have them ready for the annual meeting. Peter also asks nominees to prepare a statement to present at the annual meeting.

REPORT OF THE TREASURER – PETER GUADAGNI on behalf of TEDDY PALMER, reports attached. Report accepted and motion made and passed to recommend budget to members at the Annual Meeting.

OFFICER AND COMMITTEE REPORTS

Zone Chair – MICHAEL MOORE, report attached.

Peer to Peer session will be Sunday for Registrars, these are good ways to learn about the job and contribute ideas for other LMSCs, and help get ideas to be more efficient in how we do our jobs. Check USMS website for information

Registration/Top Ten and Records -- CHARLENE O'BRIEN, report attached.

Hospitality--MARCIA BENJAMIN, no report.

Vice Chairman Administration – JIM CLEMMONS, report attached.

Communications/Website—MICHAEL MOORE, report attached.

Marketing/Public Relations—RICH BURNS, report attached.

Vice Chairman Operations—PHYLLIS QUINN, no report.

Open Water—PHYLLIS QUINN, report attached.

Equipment—ROB HEATH, no report. Trailer will go to American Canyon for the winter later this week

At Large—JOHN MORALES, report attached.

After discussion of whether we could rearrange the Friday distance events if held at Quicksilver in San Jose (since warm-ups would start at 3 pm on Friday), and whether Pacific Masters could run a meet (instead of a specific team), a motion was made and passed to hold SCY Championships at Campolindo High School, with Pacific Masters as the host.

Scheduling—STEVE CUTTING, report attached. All first choice dates listed in report were accepted MSR USF date (2/20) accepted, and Executive Committee will decide in December (or we will decide in January) once availability is more clear for Cal Aquatics.[LC—discussion was confused, I am not sure where we ended up]

Meet Operations—BARRY FASBENDER, report attached.

Pac Masters will pick up the National s

aanction fee on events (flat fees, not the per participant fees), and Open Water events in Pacific would be run as usual with Pacific charging event hosts \$3/participant fees.

Officials-JOHN KING, no report.

Coaches-STU AND MARY KAHN, no report.

III. OLD BUSINESS

Nominating Committee: Cokie Lipinski, Benicia and Sue Dragich nominates the following candidates for LMSC Officers (but nominations from the floor are welcome at the Annual Meeting)

Chair/President: John King VP PoolMeets: John Morales VP Open Water - Phyllis Quinn VP Communications & Technology - Bob Anderson VP Clubs and Coaches - Laura Schuster Treasurer - Teddy Palmer Secretary - Leianne Crittenden

IV. NEW BUSINESS

Nancy Ridout reminds us that our Annual Celebration will be on November 8—don't miss this special day of practice, clinic, lunch and talk for our Annual Meeting.

Michael Moore wants to know if we would be interested in a SCM meet in January (out of season). No objections, schedule is open, we will see if it can happen.

V. TEAM ANNOUNCEMENTS

VI. ADJOURNMENT

Motion to adjourn at 8:40 pm

Respectfully submitted, Leianne Crittenden, Secretary

NEXT MEETING: ANNUAL MEETING NOVEMBER 8, 2015, at Saint Mary's College



PACIFIC MASTERS SWIMMING

ANNUAL REPORT 2015



Welcome to the Pacific Masters Swimming 2015 Annual Celebration and Meeting

- 8:30-9:30 Swim Practice, Soda Aquatic Center
- 10:30-11:30 Matt Grevers technical swim presentation, "Soar with your Core"
- 11:45-2:30 Lunch with keynote speaker Matt Grevers followed by business meeting

Annual Meeting Agenda

- 1. Year in review
- 2. Approval of October 1 minutes Leianne Crittenden
- 3. Recognition of 2015 officers, committee chairs and key volunteers
- 4. Revised Administrative Handbook (by-laws & policies)
- 5. Treasurers report and approval of budget Teddy Palmer
- 6. Candidate introductions and opportunity for floor nominations
 - John King Chair/President
 - John Morales VP for Pool Meets
 - Phyllis Quinn VP for Open Water
 - Bob Anderson VP for Communications & Technology
 - Laura Schuster VP for Clubs and Coaches
- 7. Officer elections
- 8. Recognition of USMS award winners
- 9. Pacific Masters Awards
 - Appreciation
 - -Benecia Rivera, RPM
 - -Tri Valley Masters
 - -Richmond Plunge Masters
 - Peggy Lucchesi
 - -Hermine Terhorst, SRM
 - Achievement
 - -Bob Anderson, PCCM
 - -Ashla Allen-Roth, WCM
 - -Ranie Pearce, OAM
 - Contributor of the Year
 - -John King, WCM
 - Nancy Ridout Distinguished Service Award
 - -Peter Guadagni, WCM
 - -Verne Scott, TCAM
- 10. Club news/member comments

Chairman, Peter Guadagni

Thirty years ago I made the decision to leave Boston and return to my home in the Bay Area. After accepting a job in downtown San Francisco, my family focused our housing options on communities surrounding the BART line. Based on

affordability, schools, climate and amenities we chose Walnut Creek. The house we eventually purchased and still live in is 1.5 miles from the Clarke Swim Center at Heather Farms Park, home pool of Walnut Creek Masters. Within a month after



moving I found the pool and the club and have been attending Walnut Creek Masters 5:30 am workout almost every weekday since. Several job changes later, it is my Masters Swimming club that keeps me in Walnut Creek.

My story is a common one among local Masters Swimmers. We choose (or are required) to join Pacific Masters and USMS but first and foremost we are members of our club. We may participate in pool meets or open water competition but our primary inspiration and motivation comes from our coaches and lane mates. This year Pacific Masters membership exceeded 12,000 for the first time. We continue to be larger than the next 3 largest local Masters Swimming organizations combined and our growth rate is 50% higher than that of the national organization. I am convinced the success of Masters Swimming in the Pacific Masters area (northern California and northwestern Nevada) is due to the quality of our coaches and strength of our clubs.

As Pacific Masters Chair for the last four years I have tried to continue our tradition of club and coach support and maintain our robust competitive program. The changes I have recommended have been focused on facilitating our continued success in a changing environment. One important adjustment is the adoption of a modified organizational structure that more closely aligns with our actual operations. This structure, which recognizes Pool Meets, Open Water, Communications and Technology, and Clubs & Coaches as our four main operational areas, has been under test for the last 2 years and will be formally implemented with the approval of proposed Bylaw changes at the annual meeting. The goal of this change is to make us more efficient and encourage greater volunteer engagement. Recognizing the worsening commute situation in the Bay Area has made in-person meeting attendance more difficult, we have implemented technologies to make in-person meetings accessible through a conference call and webinar link. Our goal with these changes is to make our volunteer's time more productive. Pacific Masters does not require immense amounts of volunteer time but we do need some. I hope you will consider donating some of your time and talents to support the programs you enjoy.

As my service as Chair comes to an end, I would like to thank the Pacific Masters leadership team and volunteers for their efforts and support. I also want to thank you, our members, for offering your friendship, support and encouragement to your lane mates. It may be our pursuit of fitness that gets us to the pool the first time but it is the camaraderie with our fellow swimmers that keeps us coming back.

Just keep swimming, Peter Guadagni Chair, Pacific Masters Swimming

Treasurer, **Teddy Palmer**

Pacific Masters Swimming Committee LMSC, is a Non-Profit Organization 501(c)3 which operates on a cash basis, calendar fiscal year-end and uses QuickBooks Online for record keeping and financial reporting.

My responsibilities are to reconcile bank statements, record and reconcile online revenue, record various expenses as needed, review funds, keeping track of the

organization expenditure against the budget, present monthly financials to the board meeting, setting up a budget, and necessary 1099, IRS and State tax filling.

A large deficit has again been budgeted for Pacific Masters. The deficit is the result of providing surplus funds in the budgets for many of our organization's programs. In a typical year, few if any of the programs are able to spend the money that has been allocated. Pacific Masters continues to have large reserves and by policy we want to encourage committees to use the reserves to plan and conduct quality programs.

During 2015 I attended the USMS convention.

The 2015 Balance Sheet and Income Statement through September 30, 2016 and the 2016 Budget detail and summary are included at the end of this report.

Secretary, Leianne Crittenden

As Secretary I attend the meetings and take minutes. The draft minutes are circulated after each meeting to the Board for their comments. Before the next LMSC Meeting, the revised, marked minutes are circulated so they can be

approved at that meeting. Once approved, a final copy is sent to the webmaster for posting on the Pacific Masters website. I am also active in USMS, and am the USMS Board Member for the Oceana Zone, Chair of the Governance Committee, which reports to the USMS Board, Chair of the Board Education Subcommittee, and am also a member of the USMS Dispute Resolution Task Force.

Hospitality, Marcia Benjamin

At each in-person meeting of Pacific Masters, members travel from all over Northern California and contribute their ideas towards making this organization so successful. The least we can do is to feed them dinner!

Hospitality coordinates volunteers who pick up food from local restaurants and bring it to our meeting. All members are reimbursed for their expenses. The only task is ordering what you like to eat for dinner -- we take care of anything else. Hospitality provides an assortment of beverages at our bi-monthly meetings, along with plates, silverware and serving utensils.







Vice Chair of Operations, Jim Clemmons

The Pacific Masters LMSC By-laws state that the "Administrative Vice Chairperson shall act and preside in the absence of the Chairperson and shall perform other duties as delegated by the Chairperson."

This past year's effort, much like last year's, was spent mainly providing advice (when asked, mostly, but sometimes not...) and supporting the Chairperson as we continued to implement changes to some of our electronic publications and governance structure.

We made a determined effort at developing a draft website to replace our older (but loved nonetheless) Pacific Masters Website. Some time back, Pacific Masters issued a contract to Caroline Lambert to continue with the new website draft development. Review and commentary from Michael Moore, Bob Upshaw, Stu Kahn, John Morales, Alan Bernard, Charlene, Peter and me have hopefully helped along the way. We're hoping to have it ready for release between now and the end of the year.

Another effort was directed at the Pacific Masters Update. Last year we addressed style formatting in order to deliver a consistent product, enlisted a team approach for content and draft review and established a regular timetable for email delivery. This year we expanded the team (relay style!) to include the following members: Jeremy Cohen, Ali Hall, Peg Flynn, and Linda Shoenberger. That team has performed most admirably. Charlene, Peter and I continued to comment on style and content when the mood struck us.

Communications, Michael Moore (Web Master)

The PacMaster web site continues to be a major communication vehicle in getting information to our members. The website will be 20 on 17 November. We have an electronic history of Pacific Masters meets with thousands of heats of myriads of individual swims. The results files are the most popular section of the website. Swimmers go there to see their past results and to review previous year's results of the championship meets

We continue to see the daily bandwidth increase over the past year. When the website started a good day was 200K of bandwidth. Now there are days were over 1GB of files are sent out. The oldest results on the website are from the Pacific Masters Short Course Yards meet of 1996. The first open water meet results are the Warm Springs meet of 1996. It was not until about 1998 that almost all the meet results were posted. In the competition results folders there are hundreds of meet result files the swimmers continue to pull up on their computer.

For our Championships, we continue to work with our main FastLane Tek contractor to upload heat and event results to the net upon completion of the event. This has increased our daily bandwidth during the Championships, as our swimmers are able to immediately download their splits.





Marketing/Public Relations, Rich Burns

Marketing Communications aims to provide information that captures the spirit, benefits and programs of Pacific Masters to the membership and outside world. With our membership at an all-time high, there is less urgency on attracting new members. Rather, we have focused on communicating the energy and joy of membership, and especially the activities of our LMSC through our e-blasts. The e blasts contain brief stories and galleries of images from the year's events. This year's topics included the Open Water Season, the Pacific Short Course Championship

Meet, the San Antonio Short Course Nationals and a compilation of summer and fall events. Each blast is received by over 18,000 members and friends of Masters Swimming. Our open rate is over 25%.

We also assisted in publicizing the Annual Celebration and Meeting. This year's featured guest is Olympic Champions, Matt Grevers. The Annual Celebration and Meeting has now established itself as a Pacific Masters tradition and is proving to be one of the prized benefits of membership

Open Water Report, Phyllis Quinn

We are very fortunate to have such experienced and passionate people to run the Open Water events within Pacific Masters. It is a pleasure to work with each of the seven race directors/committees who put on the 15 different events during the 2015 season. Each event is evaluated for safety and the swimmer's experience to constantly improve each year.

Here is the number of swimmers at each of our Open Water venues:

Spring Lake		171
Berryessa		435
Del Valle	5k	104
	10k	110
	1 mile	324
	2.5k	202
Santa Cruz		336
Donner		379
Whiskeytown	1mile	105
	2mile	81
Keller Cove		139

The Tri-Valley Masters hosted the first ever "festival" for The USMS National Open Water Championships at Lake Del Valle. The 10K on Saturday June 13 and the 1mile on Sunday June 14, were both designated as National Championships. The success of these events will hopefully increase the participation in coming years.

Looking to 2016, The Donner Lake swim will be a National Championship swim. This swim is limited and fills very quickly, so be ready to sign up early for this great event.

Throughout the Open Water season, swimmers compete for points to determine an overall winner of the series. There were 15 swim events, but 12 races that an individual swimmer could enter and earn points. Congratulations to all the Open water swimmers who participated in these events.





The Open water committee will be working during the off season to update the Open Water guide to operations as well as document the rules used for the Open Water Point system. If you interested in helping, please contact **Phyllis Quinn at operations@pacificmasters.org**

Equipment, Rob Heath

The equipment owned by Pacific Masters which supports Open Water and Pool competitions consists of a trailer and several hard cases. The Open Water trailer contains turn and location buoys, finish arch, safety paddle boards, bottom anchors



We also have 2 hard cases for pool events. These cases hold the hand-held stop watches, deck signage, walkie-talkies and safety vests. The cases are kept at the Equipment chair's home during the off season and between events, when not shipped directly form meet to meet. When they are shipped from meet to meet, we have a FedEx account which we offer to the meet directors to cover the shipping costs. The cost to Pacific Masters is usually around \$40 per shipment.

One problem we keep having is that when the watches are being put back into the case for shipping, they need to be placed in the slots inside the boxes very carefully, as they are inadvertently being turned on for shipment. As a result, the subsequent meet director is finding many of the watches inoperable. The start/stop buttons are on the top of the watches, and need to be inserted into the slots without starting the watches. The meet directors need to be reminded of this issue. There is no immediate need for maintenance on the cases at this time.

We also need to evaluate whether we should rent a storage space during the open water season for 2016.

At-Large, John Morales

The Pacific Masters Pool Committee was formed to better address issues concerning pool meets. The goal of the Pool Committee is to concentrate on the three Championship Meets held each year, and the numerous other meet events hosted by local teams. Meet hosting, meet sanctioning, officiating, scheduling, and meet equipment all fall under the auspices of this committee.



By addressing the different concerns associated with pool meets, the committee is able to make recommendations to the Executive Board for approval. In 2015, we have negotiated the following changes:

1. Anyone participating in a Pacific Masters meet must be **electronically** registered with USMS before participating in a meet. Reason- USMS paper registrations were getting lost, improperly filled out, or falsified which compromised meet results.

2. Pacific Masters will be responsible for **all championship meet awards**. Reason- reduce expenses for host team, and provide uniformity and the opportunity to buy in bulk for several years (prevent waste).



3. Provide a \$2,500 incentive to all LCM Championship Meet hosts. Reason- LCM pools are at a premium in the summer when our meet is held.

All of these decisions were made to better support our meet hosts.

My goal as Pool Meet Chair is to have 3-4 phone meetings a year to discuss any pool issues, and to follow up these phone calls with emails.

I invite all those committed to having Pacific Masters host the best meets in USMS, to join this committee!

Scheduling, Steve Cutting

Pacific Masters Swimming is fortunate to offer a large variety of pool events, open water swims, and clinics to members each year. It is the Scheduler's job to insure that these events do not conflict with each other and to allow the greatest opportunity of participation possible. The events that are shaping up for the coming year are listed below. Dates of traditional events in red are not yet confirmed so stay tuned to the schedule page at the Pacific Masters website for updates.

2016 Pacific Masters Swimming Schedule

1/1-2/28	John Steiner Memorial Mile, TAM 1650 Postal
1/9	SRM Flower Power Meet
1/24	17th Annual Fog City Quadrathon (tent.)
1/30	TOC 1500 SCM Swim Meet
2/20	USFM Valentines Affair
2/21	PacMasters City Mile (tent.)
3/4-6	WCM Intensive Training Camp
3/6	CALM Spring Short Course Yards Meet (tent.)
3/12	Rinconada Masters Spring Short Course Meet
4/8-10	Pacific Masters SCY Championships
4/28-5/1	USMS SCY Nationals, Greensboro NC
5/14	Redwood Coast Spring Lake Swims (tent.)
5/22	CMAM Keelhauler LCM Time Trial
6/4	DAM Berryessa Swims
6/11-12	TVM Del Valle Open Water Festival
7/22-24	Pacific Masters LCM Championships
8/6	DAM End-of-Summer Splash
8/6-7	Santa Cruz, Pier & 2 Mile Cruz Cruise (tent.)
8/13	SNM Donner Lake Swim (tent.)
8/17-21	USMS LCM Nationals, Gresham OR
9/4	RAC Whiskeytown Lake Swims (tent.)
9/18	MVM 13th Annual Alan Liu Memorial SCM Meet
9/22-25	USMS Convention, Atlanta GA
9/24	Richmond Plunge Keller Cove for Kids Sake (tent.)
10/2	SAC Masters 44th Annual Sprint Short Course Meters Pentathlon
10/7-9	Pacific Masters SCM Championships
11/1-11/30	DAM Brute Squad Postal
12/1-12/31	MEMO Kick Postal



Meet Operations, Barry Fasbender

<u>Sanctions and Recognitions</u> – A total of 20 pool events for 2015 of which 18 were sanctioned and 2 recognized. This included the sanctioning (or recognition) and evaluation of 9 SCY meets, two LCM meets, four SCM meets, four postal events, and one training camp. The sanctioned meets included the PacMasters championships for all three courses. Two Senior Game meets were the recognized events.



<u>Pool Length Certifications</u> – This year six pools had to measured. Each year the pool length must confirm before and after each day's session for bulkhead pools. This was done this year for the TOC, CALM, DAM, MVM and SAC meets, and also for the Bay Area Senior Games. This year no new venues or refurbished venues had to be measured. Steve Cutting took over measuring pools this year. John Morales, Peter Guadagni, and Chris Campbell are also trained to measure pools.

New Policies

- A new relay policy took effect at the SCM Championships last year. Rather than running only seven or eight of the 15 relays in alternate years at Championship meets, all relays at championship meets were allowed. Swimmers may swim in either the gender or mixed relay of a particular type, but not both. This year there was no problem in running all the relays at the 2015 PacMasters LCM Championships because nine completion lanes were used. However, this policy may have to be modified for the 2016 PacMasters LCM Championships because there are only eight competition lanes available at College of San Mateo. Otherwise, the meet may run too long on some days.
- In 2015, points were awarded to 20 places at our championship meets instead of points awarded to the number of places that matched the number of competition lanes. This was done so that more swimmers would feel they were helping their teams out.

Goals for 2016

- Finish updating the Meet Director's Guide.
- Come up with a plan for relays at the 2016 PacMasters LCM Championships.

Officials, John King

This year has marked significant progress in the effort to train and certify USMS officials through 'in-house' (USMS) certification and testing. To date we have relied on primarily USA swimming to train and certify our officials, which does not address the potentially large number of individuals who would like to serve as a certified official for only USMS, and not go through the 'hoops' of USA certification. The shortage of officials for USMS is felt nationwide.



Pacific Masters Swimming has been very active in the USMS officials committee and been proactive in the movement to put together a training and certification program, which grows closer to initial deployment. We have developed a program which will include both existing USA certified officials who can 'fast track' into USMS certification, as well as individuals who wish to emerge in the officiating world who will receive a more robust training program.

Watch in the coming year for the development of certification testing for both 'crossover' (already USA officials) and new officials, as well as the development of an initial official tracking process. Already

developed is an 85-slide training power point which can be used for both classroom and web-based training.

We continue our alliance with Pacific Swimming (USA) to help obtain officials at our meets. We compare calendars when scheduling meets and resources. While I have worked over the last year at USA, NCAA, and NFHS (high school) meets, Pacific Swimming officials have made themselves available at our meets if at all possible.

I look forward to the coming year which is sure to be filled with swimming for fitness and the occasional meet to catch up with the many friends at Pacific Masters Swimming.

Respectfully, John King

Officials

Coaches, Stu and Mary Kahn

Pacific Masters offers a wide range of communication, support, recognition and education to its coach members. This past year, we were privileged to have constant and generous assistance from the LMSC Board in providing those opportunities.



2015 in Review:

- 1. Distributed unique Update emails to over 450 registered coaches.
- 2. Reimbursed qualified coaches for their registration and travel when attending local, regional and national level clinics.
- 3. Recognized Mary Nygren, Tri-Valley Masters, as the Pacific Masters 'Coach of the Year'.
- 4. Presented the second annual Coaches Clinic to member coaches with instruction on technique, teaching, training, nutrition and more.

We have both enjoyed our time working with fellow coaches, board members and LMSC administrators. The future of Pacific Masters Swimming was, and is, in very capable hands.

Charlene O'Brien, Administrator

2015 has been a year of taking what I learned in 2014 and enhancing the day to day operations of the Pacific office to run with greater efficiency and accuracy. The housing of the Pacific Records is now based in Meet Manager which gives meet directors an easy download for their events. With help from Bob Upshaw, our Swimmer of the Year tabulation has gone from a laborious pencil and paper operation

to a streamlined computer tabulation (Thanks, Bob!). This year I was able to gain greater clarity on the vast knowledge and skills each of our Pacific chairs/officers brings to our organization and how they serve us. We have a great group of people supporting us on our Executive Committee and it has been wonderful working with each one of them. I have leaned on them daily to get my job done and to serve our membership.

I have truly enjoyed coming along side others in their quest to participate in Masters Swimming as a swimmer, coach, committee member, event director or curious onlooker. We have a wonderfully interesting group of talented people who make up our membership. It is a privilege to serve you.



USMS Awards for Pacific members

USMS Dorothy Donnelly Service Award

Harold Boscovich, WCM USMS Kerry O'Brien Coaching Award Joel Wilson, CRUZ USMS Fitness Award Lisa Ward, WCM USMS June Krauser Communication Award Rich Burns, TAM USMS Open Water Service Award Jim Wheeler USMS Athletes Inducted into the International Masters Swimming Hall of Fame Nancy Ridout



Pacific Awards

Personal Achievement Award Asha Allen-Roth, WCM Robert Anderson, PCCM Ranie Pearce, OAM **Appreciation Award** Benicia Rivera, RPM Tri Valley Masters **Richmond Plunge Masters Contributor of the Year** John King, WCM Nancy Ridout Distinguished Service Award Peter Guadagni, WCM Verne Scott, TCAM **Peggy Lucchesi Award** Hermine Terhorse, SRM PACIFIC MASTERS COACH OF THE YEAR Mary Ann Nygren, TVM

SWIMMER OF THE YEAR

The overall female and male Pacific Masters Swimmers of the Year are Daniela Barnea and Richard Burns, both from Stanford Masters and Tamalpais Aquatic Masters respectively.

	<u>Female</u>	<u>Male</u>
18-24	Penelope Yamauchi, SRM	Andrew Saeta, TOC
25-29	Katy Houston, TOC	Douwe Yntema, TOC
30-34	Jennifer Radecke-Noble, TVM	John Dahlz, SMM
35-39	Ericka Richards, SRM	Adam Conway, TVM
40-44	Alison Zamanian, WCM	Matthew Niemi, USF
45-49	Laureen Welting, TOC	Sergey Mariniuk, SCSC
50-54	Jill Hernandez, WCM	Darren Phelan, STAN
55-59	Marguerite Meyer, TOC	Paul Carter, TOC
60-64	Laura Val, TAM	Jim Clemmons, MAM
65-69	Ruth Shaps, MAM	Alek Shestakov, OAK
70-74	Daniela Barnea, STAN	Richard Burns, TAM
75-79	Susan Munn, DAM	Barry Fasbender, SMM
80-84	Ann Hirsch, WCM	John Sulzbach, MELO
85-89	Dixie Germolus, WCM	Don Stupfel, SMM
90-94		Frank Grannis, TOC
95-99		Pat Keller, RINC



Some of the SOTY winners present at the SCY Championship meet

Open Water Points Competition

Age	Female	Male
Group 18-24	Allison Arnold	Charlie Rimkus
25-29	Elaina Luke	Chad La Tourette
30-34	Sarah Chinn	Quinn Fitzgerald
35-39	Tesla Profumo	Trevor Gillis
10-44	Beccah Rothschild	Steve Haney
5-49	Cynthia Hertzer	Kurt Oeler
io-54	Susan Preston	Todd Arris
55-59	Phyllis Quinn	Sandy Mac Donald
50-64 <u> </u>	Laura Val	Peter Gudadagni
65-69 <u> </u>	Marianne Brems	Joel Wilson
70-74	Susan White	Richard Burns
75-79	Susan Munn	Ralph Brott
80-84 —	Barbara Robben	
	itegory 2 (wetsuit) (min. 2 events)	
Са	tegory 2 (wetsuit) (min. 2 events)	Male
Age Group		Male
Ca Age Group 18-24	tegory 2 (wetsuit) (min. 2 events)	Male
Ca Age Group 18-24 25-29	tegory 2 (wetsuit) (min. 2 events)	Male
Age Group 18-24 25-29 30-34	tegory 2 (wetsuit) (min. 2 events)	Male
Ca Age Group 18-24 25-29 30-34 35-39	rtegory 2 (wetsuit) (min. 2 events) Female	Male
Ca Age Group 18-24 25-29 30-34 35-39 40-44	tegory 2 (wetsuit) (min. 2 events)	
Ca Age Group	Female Aki Lewis	Rick Barsotti
Ca Age Group	Female Aki Lewis Kim Larson	Rick Barsotti Jay Bedsworth
Ca Age Group 18-24 25-29 30-34 35-39 40-44 45-49 50-54 55-59	Female Aki Lewis Kim Larson Denise Berro	Rick Barsotti Jay Bedsworth joseph Condon
Ca Age Group 18-24 25-29 30-34 35-39	Female Aki Lewis Kim Larson	Rick Barsotti Jay Bedsworth



- ► Pacific Masters, the largest LMSC, comprises 20% of all master swimmers in the U.S.
- ▶ Pacific has 148 clubs and 439 self-identified coaches
- ▶ We grew by over 450 members and 11 clubs in 2015
- We had 30 voting members at the 2015 USMS convention
- The Pacific Master office mailed 4,105 individual registration cards

PACIFIC MASTERS





Pacific Local Masters Swimming Committee Balance Sheet As of September 30, 2015

			As o	f Dec 31, 2014	
	As of	Sep 30, 2015		(PP)	Change
ASSETS	-				
Current Assets					
Bank Accounts					
15 Wells Fargo Checking Account		228,615.09		100,254.90	128,360.19
16 Wells Fargo Saving Account		211,750.87		211,599.45	151.42
61 MNB CD 0187416050 - 07/2015		0.00		41,709.99	(41,709.99)
Total Bank Accounts	\$	440,365.96	\$	353,564.34	\$ 86,801.62
Total Current Assets	\$	440,365.96	\$	353,564.34	\$ 86,801.62
TOTAL ASSETS	\$	440,365.96	\$	353,564.34	\$ 86,801.62
LIABILITIES AND EQUITY					
Liabilities				-	
Total Liabilities					\$ 18
Equity					
3000 Opening Bal Equity		14,988.50		14,988.50	0.00
3900 Retained Earnings		338,575.84		338,575.84	0.00
Net Income		86,801.62			86,801.62
Total Equity	\$	440,365.96	\$	353,564.34	\$ 86,801.62
TOTAL LIABILITIES AND EQUITY	\$	440,365.96	\$	353,564.34	\$ 86,801.62

Saturday, Oct 17, 2015 08:11:15 AM PDT GMT-7 - Cash Basis

Pacific Masters Swimming Income Statement and Budget 2015 January - September, 2015

	Actual		I	Budget
Income				
100 Registration		147,221.01		217,950.00
200 Sanction Bond Deposits		1,100.00		2,550.00
300 Event and Other Income		10,187.00		21,200.00
400 Interest		6,427.76		250.00
Total Income	\$	164,935.77	\$	241,950.00
Expenses				
1000 Office		7,930.38		21,357.00
1050 Publications				6,100.00
1100 Web Site		2,545.99		14,200.00
1200 Chairman		1,844.81		5,600.00
1450 Treasurer		814.39		1,450.00
1500 Coaches		2,254.20		14,900.00
1550 Committees		160.00		800.00
1700 Officials		980.56		7,000.00
1750 Sanctions/Meet Operations		9,280.91		24,800.00
1950 Marketing/Publ. Rel.				1,600.00
2000 Open Water Exp		3,111.88		19,840.00
2050 Awards		1,616.93		5,900.00
2100 Other Items		3,821.16		29,000.00
500 USMS Dues		4,435.00		30,600.00
600 Sanction Refunds		1,571.50		2,700.00
700 Contracts	(a) (*)	21,298.85		51,850.00
900 Convention	8767	16,467.59		46,500.00
Total Expenses	\$	78,134.15	\$	284,197.00
Net Operating Income	\$	86,801.62	\$	(42,247.00)
Other Expenses				
Reconciliation Discrepancies				0.00
Total Other Expenses	\$	-	\$	-
Net Other Income	\$	1.	\$	-
Net Income	\$	86,801.62	\$	(42,247.00)

Saturday, Oct 17, 2015 07:51:38 AM PDT GMT-7 - Cash Basis

Pacific Local Masters Swimming Committee

2016 Summary Budget Income Statement

2010 Summary Dudget moor	inc .	Stateme		
		Actual		Budget
	YT	D 09/30/15		2016
Income				
Registration	\$	147,221	\$	164,430
	Ψ	1,100	Ψ	2,550
Sanction Bond Deposits				-
Event and Other Income		9,760		21,200
Interest	-	6,428		250
Total Income		164,509		188,430
Expenses				
Office		24,899		45,200
1 Executive Committee		4,388		10,950
Pool Meet Committee		11,833		37,200
Open Water Committee		3,106		23,040
Communication & Technology Committee		8,446		22,450
Clubs and Coaches Committee		2,254		23,400
Convention		16,041		33,000
Annual Meeting		2,306		19,000
USMS Dues		4,435		6,285
Donations		-		2,000
Total Expenses		77,707		222,525
 Consistential Constraints (Constraints) 				
Net Income	\$	86,802	\$	(34,095)
	3. Contraction (1997)	and the second		

Pacific Local Masters Swimming Committee

2016 Bud	get Income Statement
Actual	Budget
YTD 09/30/15	2016

	YTI	09/30/15	2016	
INCOME				
Registration				
Membership Fees	\$	142,512.00	\$ 154,855.35	12,300 members x \$13 each, less 600 people18-24, and 135 people 80 and above (99% on-line registrations)
Clubs Registration	10	800.00		140 clubs at \$30, 95% online registration,
PacMasters Donations		3,795.01	5,000.00	
USMS/ISHOF Donations		114.00	200.00	
Total Registration		147,221.01	164,430.35	
Sanction Bond Deposits		1,100.00	2,550.00	
Event and Other Income		11 · · · · · · · · · · · · · · · · · ·		
Open Water Training			2,000.00	
Video Rental		5.00	200.00	
Meet Management Services		3,256.00	11,000.00	
Meet Sanction Fees				\$50 fee to be Paid by Pacific Master
Open Water Sanction Fees		4,738.00		2000 event entries at \$3 per entry
Misc. other income		1,761.00	2,000.00	
Total Event and Other Income		9,760.00	21,200.00	8
Bank Interest		6,427.76	250.00	
Total Income		164,508.77	188,430.35	
EXPENSE				
Office and Administration				
Office Administrative Contractor		15,398.85	30,000.00	
Telephone		564.49	500.00	
Postage		739.55	1,000.00	
Supplies		2,827.10	3,000.00	
Printing		2,021110	500.00	
Conference Calls		2,673.93	2,500.00	
Web Conferencing		891.00	2,000.00	
Rule books			150.00	
File Storage		1,055.75	1,250.00	
Meeting Room Rental		100.00	1,400.00	
Misc. Office Expenses		420.40	2,500.00	
Bank Fees/NSF Return Checks			100.00	
Renewal Notices		228.00	300.00	
Total Office and Administration	3	24,899.07	45,200.00	
Executive Committee			<i>.</i>	
Chairman				
Office/General Admin. Expenses		1,037.66	4,000.00	
Travel for Chairman		768.95	750.00	
Total Chairman	3 <u></u>	1,806.61	4,750.00	
Treasurer			.,	
Acctg Online Services		359.55	500.00	
Filling Fees		80.00	100.00	
		439.55	600.00	
Total Treasurer		100.00	100.00	
Secretary			100.00	
Awards Swimmer of the Year		1,546.46	1,200.00	
Service/Achievement		.,010.10	1,500.00	
Coach of the Year		70.47	200.00	
	8	1,616.93	2,900.00	
Total Awards		524.66	2,500.00	
Hospitality		524.00	2,500.00	
Scheduling		4,387.75	10,950.00	•
Total Executive Committee		4,007.70	10,930.00	

	Actual YTD 09/30/15	Budget 2016	
Pool Meets Committee			
Sanction/Meet Operations			
USMS Pool Sanction fees		700.00	sanction fees paid to USMS,\$50 per event
Meet Incentives	2,450.00	5,000.00	
Contract Service for HyTek	4,430.00	10,000.00	
Meet Equipment	1,320.91	2,000.00	
PacMasters Meets	1,080.00	1,500.00	
Pools/Meet Sanction (Bond) Refund	1,471.50	2,400.00	
Pool Meet Bonuses	100.00	300.00	
Championship Meet Awards		4,000.00	
Championship Meet Incentive		2,400.00	LCM incentive
Total Sanction/Meet Operations	10,852.41	28,300.00	
Officials			
Officials Registration		600.00	
Travel to Nationals	398.00	2,300.00	
Officials Clinic		100.00	
Official Mileage Reimbursement	274.56	1,000.00	
Official Lodging Reimbursement	308.00	2,400.00	
Officials shirts		500.00	
Total Officials	980.56	6,900.00	
VP Pool Meets Discretionary		2,000.00	New item
Total Pool Meet Committee	11,832.97	37,200.00	
Open Water Committee			
Trailer&Buoy Maint. & Equip. Purchase	36.08	2,000.00	
Trailer Storage		640.00	
Evaluator Reimb.	70.00	900.00	
Safety Vehicle Subsidy	1,000.00	5,000.00	
Open Water Training/Clinics		2,500.00	
USMS OW Sanction fees	2,000.00	-7,000.00	7 OW events, revenue estimate to pay full cost (\$1000 pe
Open Water Points Awards		3,000.00	
VP Open Water Discretionary		2,000.00	New item
Total Open Water Committee	3,106.08	23,040.00	
Communications & Technology Committee			
Publications - Electronic			
Freelance Writers		3,000.00	
Constant Contact		2,000.00	
Total Publications - Electronic		5,000.00	
Web Site			
Internet Provider		250.00	
Software		2,900.00	
Webmaster Contractor	4,500.00	6,600.00	
Other Contractors	2,545.99		web development - possibly too little
Total Web Site	7,045.99	12,750.00	
Technology			
Software		100.00	
Total Technology		100.00	
Marketing/Publ. Rel.			
Advertising		100.00	
Printing		500.00	
Total Marketing/Publ. Rel.		600.00	
	1,400.00		special e-blasts
Other Professional Services	1,400.00		
VP Communication & Technology Discretionary		2 000 00	New item

	Actual YTD 09/30/15	Budget 2016	
Clubs and Coaches Committee			
Coach Scholarship	1,905.00	3,000.00 80% of registration fees, up to \$200 for travel outside	Pac
Attendance Reimb. for Coaches, travel	49.20	600.00	
Clinic stipends	200.00	5,000.00 speaking fees	
Member Clinics		2,000.00	
Clinic Facilities Rental	100.00	800.00	
Clinic Sponsorship		10,000.00 joint sponsorship with USMS coaches training	
VP Club and Coaches Discretionary		2,000.00 New item	
Total Clubs and Coaches Committee	2,254.20	23,400.00	
Convention			
Delegates' Expense Reimb.	11,450.59	14,000.00 air fare + travel allowance of \$130	
Other Convention Costs		1,000.00	
Hotel Reservations		13,000.00 hotel	
Registration	4,590.00	5,000.00 25 x \$170	
Total Convention	16,040.59	33,000.00	
Annual Meeting			
Room rental	1,668.00	3,500.00	
Catering		7,000.00	
Speaker Fees		5,000.00	
Pool Rental	637.50	500.00	
Annual Report		3,000.00	
Total Annual Meeting	2,305.50	19,000.00	
USMS Dues			
Individuals	4,251.00	4,510.35	
PacMasters Scholarships and over 85		1,200.00	
Clubs	25.00	175.00	
Transfers	45.00	200.00	
USMS ISHOF Donations	114.00	200.00	
Total USMS Dues	4,435.00	6,285.35	
Other Income/Expenses			
Donations		2,000.00	
Total Other Income/Expenses			
tal Expenses	77,707.15	222,525.35	
t Income	\$ 86,801.62 \$	(34,095.00)	