

2022 U.S. Masters Swimming Annual Meeting — Hybrid

Committee Name: Long Distance	Session #: 1
Committee Chair: Phyllis Quinn	Vice Chair: Catherine Rust
Minutes recorded by: Lorena Sims	Date/time of meeting: August 28, 2022 at 8pm EDT

Actions Requiring Approval by the HOD:

1. None.

Motions Passed:

1. Motion to approve minutes from July 31, 2022 meeting – carried without opposition.

Number of committee members present: 15	Absent: 1	Number of other delegates present: 23
Committee members present (list all, including chair and vice chair): Phyllis Quinn, Chuck Beatty, Jenny Hodges, Sarah King, Tim Murphy, Stephen Rouch, Catherine Rust, Lorena Sims, Jill Wright, John Fox, Dave Brancamp, Bob Singer, Ali Hall, Jim Davidson, Paul Grecco.		
Committee Members Absent: Bob Bruce		
Ex-Officio members present: Robin Smith, David Minor, Jay Eckert.		

Minutes

The meeting was called to order at 8pm EDT.

1. Welcome and roll call by Power Point presentation.
2. Approval of outstanding meeting minutes. Motion: Chuck. Second: Jim. Motion carried without opposition.
3. Reports from the chair (Phyllis) and vice chair (Catherine) and vice president (Robin) and USMS National Office (Jay).
 - Phyllis: It has been a busy week – we are concluding our open water national events. Huge thanks to Tri Valley Masters and Bill McCracken for their willingness to pull together a 1-mile championship event with very little advance notice in order to help after the cancellation of the Lake Erie swim.
 - Catherine: The Long Distance Forum will be utilized to discuss the potential rules changes. Jim will be leading the discussion. It is a pretty simple list of changes. An outline for setup will be sent out tomorrow.
 - Robin: Nothing specific to report. Welcome to all our guests and thank you for attending. Thank you as well to the committee and our event hosts for your hard work this year.
 - Jay:
 - There are 168 entries currently for the 2022 USMS 5K/10K Virtual Championships, already ~50 more than the final number from 2021 with a few weeks to go. You have until Sept. 15 to register/swim and Sept. 17 to enter results... spread the word! It'll be promoted in the event newsletter to all members next week (and has been in several previous emails to members). Here is a draft: [5k/10k Newsletter Draft](#) Here is the event info: [Event Info](#) Here is the roster: [Roster](#) All participants who had registered by early August should've received their cap in the mail by now. We'll send another batch after Sept. 15.
 - Only 13 entries so far for the 2022 USMS 3000/6000-yard Virtual Championships, but that is 13 more than we had this time last year. We'll ramp up promotion for this event Sept. 15-Nov. 15. Event info: [Event Info](#) Roster: [Roster](#)
 - All 2021 All-Star awards have now been shipped. We are ordering the 2022 All-Star awards now so those will be ready to ship as soon as the recipients are announced.
 - I've reached out to the 2023 OWNC hosts (with liaisons copied) to finalize those contracts.
4. Video presentation for Pre-Annual meeting: Chuck, Catherine.
 - Topic: Open Water Safety Clinic.
 - Video will be uploaded to USMS as soon as possible so you will be able to share with your LMSCs and teams.
5. Preview of the 2023 Open Water National Championship events: Jill.
 - Review of 2022 events, past and ongoing. Thank you to all of our 2022 Event Hosts!!

- Preview of 2023 events (full list with dates following in the “Events” section of the minutes).
6. Working groups – reports (please send your report to all in advance)
 - a. 2022 Rules/Legislation – Jim and Tim, Lorena, Bob S., Steve, Bob B, John.
 - Final version of the rules updates for 2023 have been submitted. Discussion of a rule(s) pertaining to tie-back suits has been deferred until next year.
 - b. PARA – Jim and Sarah; Patches & Awards – Dave; All-Americans (AA) - Men – Lorena, Chuck; (AA) Women – Jenny, Tim; (AA) Relays – Phyllis, Dave; Records – Jill, Tim, All-Stars – Lorena, TBD; Postal Series – TBD, Lorena; ePostal Series Recognition: Catherine, Jenny.
 - 2022 U.S. Masters Swimming Middle-Distance Open Water National Championship Results have been posted on the USMS national website. Here is the link to the finalized 2022 U.S. Masters Swimming Middle Distance Open Water National Championship results: [Results](#)
 - c. 2024 NC Recruitment/Selection – Jill, lead; Ali, Steve, Catherine & Jenny.
 - Event bid deadline has been moved to December 1.
 - d. NC Oversight – Phyllis, lead; Ali, Jim, Bob S, David M.
 - Nothing to report.
 - e. Nose to Tail LD NC Working Group: Sarah, Jim, Bob S, Dave, Chuck, Catherine, Jill, Bob B, Ali.
 - Nothing to report.
 - f. Goals – Catherine, lead; Lorena, Bob S, Catherine, Tim, Chuck and Bob B.
 - Nothing to report.
 - g. LDNC Award – Jill, lead; Lorena, Dave, Jenny, Ali.
 - Award recipients have been selected.
 - LDNC and OWNC awards will be announced on 9/16/22 in Denver during the RA presentation.
 - h. 2022 Clinic Working Group – Catherine, Chuck and Ali.
 - Clinic video is complete and premiered tonight. Video will be posted on USMS as soon as possible.
 7. New Business/Good of the Order.
 - Discussion regarding what National Office and the LDC is doing to promote/encourage/increase open water swimming and specifically make us into the leading resource for open water swims. Discussion centered on the need for LMSCs to reach out to their local event hosts, what sets USMS sanctioning aside, the need to streamline dual-sanctioning if at all possible.

Events

Below is a list of the Long Distance National Championship events and the liaisons assigned. Lead liaisons have provided a brief written report on the status of their event.

2022 Long Distance National Championships:

1. Sprint – OHIO Masters Swim Club, Brogan, Lake Erie OH. July 9
 - Liaisons: Catherine, Tim
 - Cancelled due to high winds.
2. Middle Distance – Santa Cruz Masters, Santa Cruz CA. July 31
 - Liaisons: Jill/Robin
 - The Santa Cruz 2.4 mile middle distance Cruise Cruz was on 7/31/22. There were 74 swimmers. The water was about 61 degrees. Kudos to those who swam in that temperature. The start time was slated for 8:30 am but was needed to be postponed until 9:45 am because of fog and visibility. The event safety was handled well by the Santa Cruz beach lifeguards plus a boat at the turn at the end of the wharf. There were seals under the wharf honking their encouragement. The compilation of winners is now on the USMS website. The host still needs to complete financials but is waiting for final bills to be sent in.
3. Cable Swim – Green Leaf Racing LLC, Lake Placid NY. August 13

- Liaisons: Chuck, Bob S
 - The event went off well with 113 finishers and 2 DNF. Received word the night before the event that the Safety Director was not available. A replacement had completed the certification test and was OK'd by David Miner. We didn't learn until race morning that the replacement was a 14 y/o boy. Fortunately, everything went smoothly, but we will be adding an age requirement to the certification guidelines. Relay entries due 8/26. Currently waiting on completed packet from the host.
4. Marathon – Green Leaf Racing LLC, Lake George, NY. August 20
 - Liaisons: Ali/Bob S
 - Hosts were excellent. There were 92 finishers. The event directors have not submitted the formal report.
 5. Long Distance – Tri Valley Masters, Del Valle CA. August 27
 - Liaisons: David B, Bob B
 - We had 138 5K finishers. Great weather greeted our swimmers each day and nice 78 degree water. Results were slightly delayed but everyone enjoyed food and wonderful conversations. Huge thank you to Race Director Bill McCracken and his Tri-Valley teammates to put on both events.
 6. Sprint Distance Version 2.0 Tri Valley Masters, Del Valle CA. August 28
 - Liaisons: David B, Bob B
 - We had 161 finishers for the 1 mile. Great weather greeted our swimmers each day and nice 78 degree water. Results were slightly delayed but everyone enjoyed food and wonderful conversations. Huge thank you to Race Director Bill McCracken and his Tri-Valley teammates to put on both events.
 7. Ultra-Marathon – TBD
 8. OHeP – Davis Aquatic Masters. Jan 1-31
 - Liaisons: Sarah/Robin
 - This event is complete.
 9. 5/10k – Palm Beach Masters. May 15-Sept 15
 - Liaisons: Jenny/Jim
 - There are 168 entries currently for the 2022 USMS 5K/10K Virtual Championships, already ~50 more than the final number from 2021 with a few weeks to go. You have until Sept. 15 to register/swim and Sept. 17 to enter results... spread the word! It'll be promoted in the event newsletter to all members next week (and has been in several previous emails to members). Here is a draft: [5k/10k Newsletter Draft](#) Here is the event info: [Event Info](#) Here is the roster: [Roster](#) All participants who had registered by early August should've received their cap in the mail by now. We'll send another batch after Sept. 15.
 10. 3/6k – Sawtooth Masters. Sept 15- Nov 15
 - Liaisons: Catherine/Lorena
 - Only 13 entries so far for the 2022 USMS 3000/6000-yard Virtual Championships, but that is 13 more than we had this time last year. We'll ramp up promotion for this event Sept. 15-Nov. 15. Event info: [Event Info](#) Roster: [Roster](#)

2023 Long Distance National Championships:

1. July 8 – USMS Ultramarathon Distance Nationals in Portland, Oregon.
2. July 13 – USMS 2-Mile Cable Open Water Nationals in Foster Lake, Oregon.
3. July 15 – USMS Marathon-Distance Open Water Nationals in Applegate Lake, Oregon.
4. Aug. 12 – USMS Middle-Distance Open Water Nationals in Lake Oahe, South Dakota.
5. Sept. 16-17 – USMS Long-Distance Open Water Nationals in Lake Mission Viejo, California.
6. Sept. 16-17 – USMS Sprint-Distance Open Water Nationals in Lake Mission Viejo, California.

2023 Virtual Championships, Hosted by USMS:

7. 1-Hour Virtual Championship, Jan. 1–31.
8. 5K/10K Virtual Championships, May 15–Sept. 15.
9. 3000/6000-Yard Virtual Championships, Sept. 15–Nov. 15.

Tasks for the Upcoming Year

1. Discuss Rule 303.4.2, regarding swimsuits. Specifically, we will discuss why/how it is different than the pool swimsuit rule, if this rule needs to be changed, and how we should edit the rule if it does need to be changed.
2. Long Distance All-Star Requirements. Should they be updated/reworked/reimagined or should they remain the same?

The meeting was adjourned at 8:57pm EDT.
