

Committee Name:	Long Distance	Session #:	1	Report #:	1
Committee Chair:	Phyllis Quinn	Vice Chair:		Catherine Rust	
Minutes recorded by:	Lorena Sims	Date/time of meeting:	07/31/22 at 8pm ET		

Actions Requiring Approval by the HOD:

1. None.

Motions Passed:

1. Approval of minutes – passed without opposition.
2. Motion to extend deadline for 2024 LDNC bids until Dec 1 – passed without opposition.
3. Motion to request Bill McCracken to consider adding a 1-mile to Del Valle to host a replacement LCNC – passed without opposition.

Number of committee members present: 13	Absent: 3	Number of other delegates present: 3
Committee members present: Phyllis Quinn, Chuck Beatty, Jenny Hodges, Sarah King, Tim Murphy, Stephen Rouch, Catherine Rust, Lorena Sims, Jill Wright, John Fox, Dave Brancamp, Bob Singer, Paul Grecco.		
Absent: Bob Bruce, Ali Hall, Jim Davidson		
Ex-Officio members present: Robin Smith, David Minor, Jay Eckert.		

Topic: LDC Meeting July 31, 2022

The meeting was called to order at 8:00pm ET:

1. Welcome and roll call
2. Approval of June meeting minutes – Motion: Chuck. Second: John Fox. Motion carried without opposition.
3. Reports from the chair (Phyllis) and vice chair (Catherine), vice president (Robin), and national office (Jay).
 - **Phyllis** – First draft of the convention report has been sent out for review. Please take a look and send any suggested changes via message.
 - **Catherine** – I would suggest taking a look at the All Stars requirements to reduce or eliminate the open water requirement. Perhaps this is something we could discuss at the Forum meeting for convention. Discussion regarding the original intent to get people involved versus the current struggles people are facing getting access to a 50 meter pool or open water event. Suggestion to form a subcommittee to discuss possible options – Catherine, Jill, Steven, John volunteered. Options include altering the points system or separating the All Stars between open water and pool.
 - **Robin** – LDC Meeting on Sunday August 28th has been added to SCHED in conjunction with the USMS Annual Meeting. Note that minutes from this meeting are to be approved via email and submitted to USMS prior to the start of the Annual Meeting (due date TBD).
Long Distance Part 3 Rules Forum is scheduled for Thursday September 1st at 8:00pm Eastern Time. This time slot is between the two sessions of Zone Meetings. The proposed amendments packet has been posted to the 2022 USMS Annual Meeting web page and also on a specific Community Forum "2022 Long Distance Proposed Amendments" for comments.

I would like to thank each of you for your time and participation on the Long Distance Committee this year. There have been many changes and challenges that the Committee had to navigate during 2022. Thank you for setting an excellent example for others to follow!

- **Jay** – 3000/6000 and 5k/10k are both up and running. Good luck to everyone competing over the next few weeks! All Star awards arrived and are being shipped out.

4. Working group reports

- a. Rules/Legislation – Jim, Lorena, Bob S., Steve, Bob B, John.
 - Packet has been submitted and posted. Long Distance Forum is scheduled for September 1st. Catherine will be leading the forum meeting.
- b. PARA – Jim and Sarah; Patches & Awards – Dave; All-Americans (AA) Men – Lorena, Chuck; (AA) Women – Jenny, Tim; (AA) Relays – Phyllis, Dave; Records – Jill, Tim; All-Stars – Lorena, **TBD**; Postal Series – **TBD**, Lorena; ePostal Series Recognition: Catherine, Jenny.
 - Nothing to report.
- c. Club Assistant – Steve.
 - Nothing to report.
- d. Safety (as needed) – David M., lead.
 - Nothing to report.
- e. 2024 NC Recruitment/Selection – Jill, lead; Ali, Steve, Catherine, Jenny.
 - Requested bids for 2024 are still pending. Ali has been proactively contacting people to attempt to get more bids. Should we extend or change the deadline to October or December? It seems open water hosts aren't planning as far ahead as formerly. Phyllis motion to extend deadline to Dec 1. Second: Catherine. Motion carried without opposition.
 - 2023: Subcommittee will be helping with the event announcements – August 28th meeting. Map is already pretty much done. We can promote the 2024 extension of event deadline at that time.
- f. NC Oversight – Phyllis, lead; Ali, Jim, Bob S, David M.
 - Discussion regarding the suggestion/motion from Bob Bruce that Bill McCracken could possibly add a 1 mile swim to replace the cancelled Cleveland LDNC. Discussion regarding whether this could happen in the shortened timeline, Jay indicates this could happen. Could we reach out to other event hosts to spread the events around the country more? This might be something worth considering for future years as well. Motion by Phyllis per Bob Bruce. Second: Dave B. Motion carried without opposition.
- g. Nose to Tail LD NC Working Group – Sarah, Jim, Bob S, Dave, Chuck, Catherine, Jill, Bob B, Ali.
 - Nothing to report.
- h. Goals – Catherine, lead; Lorena, Bob S, Tim, Chuck, Bob B.
 - Bob B will be tackling the operational guide for virtual events in the fall.
 - Tech in swimming: The committee has agreed that rule 303.4.3D be added to event information. “Drafting, flotation, and propulsive devices, including but not limited to pull buoys, fins, paddles, snorkels, and wetsuits, are not permitted.” To take this even farther, have the event hosts email a one page attachment with swimwear summary and a list of specific gear that the LDC has considered banned from racing events along with their final update of the event. Virtual Championships can add the list to the event information. The liaisons would be able to provide a summary of the gear.
- i. LDNC Award – Jill, lead; Lorena, Dave, Jenny, Ali.

- Kudos to Ali for making the effort to get nominations in. We have received one nomination and are expecting two more.
- j. 2022 Clinic Working Group – Catherine, Chuck, Ali.
 - Video presentation will be offered at August 28th meeting. Please send photos of safety items/conditions – to Chuck.
- 5. New Business/Good of the Order
 - Discussion regarding photo/video introduction for our convention meetings.
 - Liaisons have been assigned for 2023. They are as follows:
 - July 8 - USMS Ultramarathon Distance Nationals Portland, Oregon. Liaison: Ali Hall.
 - July 13 - USMS 2-Mile Cable Open Water Nationals in Foster Lake, Oregon. Liaison: Tim Murphy.
 - July 15 - USMS Marathon-Distance Open Water Nationals in Applegate Lake, Oregon. Liaison: Jill Wright.
 - Aug. 12 - USMS Middle-Distance Open Water Nationals in Lake Oahe, South Dakota. Liaison: Catherine Rush.
 - Sept. 16-17 - USMS Sprint- and Long-Distance Open Water Nationals in Lake Mission Viejo, California. Liaison: David Brancamp.
 - Jan 1-31 - 1-Hour Virtual Championship Jan. 1–31. Liaison: John Fox. Backup: Sarah King.
 - May 15-Sept 15 - 5K/10K Virtual Championships. Liaison: Jenny Hodges. Backup: Stephen Rouch.
 - Sept 15-Nov 15 - 3000/6000-Yard Virtual Championships. Liaison: Chuck Beatty. Backup: Jim Davidson.

2022 Long Distance National Championships:

- **Long Distance – Tri Valley Masters, June 11-12, 2022**
 - Dave B./Bob B.
 - The event has been rescheduled for August 27th and the race director has just reopened registration. This is a message sent out last night from the Race Director:
 The Del Valle Open Water Festival is right around the corner. The lake is clean, clear and has been open since the beginning of July. Average temp ~75. Register now for the 5k USMS Long Distance National Championship on 8/27 and keep the fun rolling with a 1.2k and 2.5k on the 28th. We also have a Just for fun division as well to benefit a great local charity and we love wetsuits with 1-3 awards for all age groups.
 Very excited to have this back on our calendar.
- **Sprint Distance – OHIO Masters Swim Club, July 9, 2022**
 - Catherine/Tim
 - Unfortunately the event was cancelled due to high waves on Lake Erie. Chuck is to be commended for his leadership and communication with the swimmers prior to the event. It is always a difficult call to cancel an Open Water swim especially a USMS OWNC.
- **Cable Swim – Green Leaf Racing, August 13, 2022**
 - Chuck/Bob S.
 - Entries close August 8. 111 entries to date. Awards have been ordered and are on their way to the host.
- **Middle Distance – Santa Cruz Masters, July 31, 2022**
 - Robin/Jill

- Event went off this morning after a 1.25 hour postponement due to visibility issues. It was a successful event with an excellent safety talk. They only had 3 DNF swimmers. Hosts did a very good job and produced a good event.
- **Marathon – Green Leaf Racing, August 20, 2022**
 - Ali/Bob S.
 - Nothing to report.
- **Ultra-Marathon – TBD**
 - Steve/Chuck
 - Nothing to report.
- **OHeP – Davis Aquatic Masters**
 - Sarah/Robin
 - Nothing to report.
- **5/10k – Palm Beach Masters**
 - Jenny/Jim
 - Nothing to report.
- **3/6k – Sawtooth Masters**
 - Catherine/Lorena
 - The contract has been signed and event information posted on USMS website. The SAWS logo is in process of being added to some of the merchandise.