

Committee Name:	Long Distance	Session #:	1	Report #:	1
Committee Chair:	Ali Hall	Vice Chair:			Phyllis Quinn
Minutes recorded by:	Lorena Sims	Date/time of meeting:			2/28/2021; 8pm ET

Actions Requiring Approval by the HOD:

1. Motion to approve rules changes in 301.1, 305 (multiple), 307.7.6, 308.1.6 – approved.

Motions Passed:

1. Motion to approve minutes from January 2021 – approved.
2. Motion to approve rules as discussed – approved.

Number of committee members present:	16	Absent:	0	Number of other delegates present:	3
Committee members present: Dave Brancamp, Phyllis Quinn, Jill Wright, Catherine Rust, Bob Bruce, Chuck Beatty, Alana Aubin, Robin Smith, Sarah King, Bob Singer, Jenny Hodges, Jim Davidson, Tim Murphy, Stephen Rouch, Ali Hall, Lorena Sims					
Ex-Officio members present: Jay Eckert, David Miner, Donn Livoni					

Topic: LDC Meeting February 28, 2021

The meeting was called to order at:

1. Welcome and roll call
2. Approval of any outstanding meeting minutes
3. Reports from the chair (Ali) and vice chair (Phyllis) and vice president (Donn)

Donn – Encouraged by changes suggested to encourage participation in the ePostals going forward.

Jay - USMS encourages members to be vaccinated for COVID-19, but we understand it is a personal decision based on individual factors. USMS continues to recommend that event directors and clubs follow federal, state, and local health recommendations, guidelines, and requirements for all USMS activities. If a facility, local municipality, or agency requires participant vaccination as a condition of hosting or permitting USMS activities, those requirements must be factored into planning those activities. USMS is not requiring COVID-19 vaccination for participation in sanctioned events or club activities. Please continue to check USMS's COVID-19 resources for events and clubs for safety guidelines and follow all federal, state, and local regulations related to the coronavirus pandemic. The coronavirus pandemic and its impact on USMS events and clubs is being monitored continuously and updates will be shared as warranted.

Phyllis – NO is working on improving the rules process for the annual convention.

Ali – LDC midyear report has been submitted to VP Donn at this time.
4. Working groups – reports (please send your report to all in advance)
 - a. 2021 Rules/Legislation –Jim and Alana; Donn, Lorena, Bob S., Robin, Steve, Bob B;
 - 301.1 – No discussion
 - 305+ - No discussion

- 307.7.6 – No discussion
 - 308.1.6 – No discussion
 - Motion to approve above: Bob Bruce. Second: Robin. No additional discussion. Motion carried without opposition.
- b. PARA – Jim and Sarah; Patches & Awards – Dave; All-Americans (AA) - Men – Lorena, Chuck; (AA) Women –Jenny, Tim; (AA) Relays – Phyllis, Dave; Records – Jill, Tim, All-Stars – Lorena, Alana; Postal Series –Alana, Lorena; ePostal Series Recognition: Catherine, Jenny
- 2020 Individual and Relay All American Results are posted on the national website.
 - 2020 ePostal Series Challenge Results have been posted on the national website.
- c. Club Assistant – Robin & Steve;
- Important to clarify system access and roles for LDC Liaisons and NC Event Hosts, especially when making edits and updates within Club Assistant. Directions and messages have been different depending on CA personnel involved.
- d. Safety (as needed) – David M., lead;
- Nothing additional to report.
- e. 2023 NC Recruitment/Selection – Jill, lead; Robin, Steve, Catherine & Jenny;
- Bid emails were sent to LMSC Chairs and LMSC OW Chairs at the beginning of February.
- f. NC Oversight - Ali, lead; Phyllis, Jim, Bob S, David M
- Oversight issues have been incorporated into goals this year.
- g. Nose to Tail LD NC Working Group: Sarah and Chuck (leads), Alana, Jim, Bob S, Dave, Catherine, Jill, Bob B, Ali
- In Collaboration with the LNDC Award Subcommittee: Award Nomination Form has been posted on the USMS website.
 - In collaboration with the 2023 NC Selection Committee: The 2023 OWNC and ePostal Bid Cover Letter and OWNC and ePostal National Championship Google Document Bid Forms have been posted on the USMS website.
 - Open Water National Championship Guidelines and Timelines have been sent to all OWNC event liaisons and backup liaisons.
 - ePostal National Championship Guidelines, Timelines, and Championship Packets have been sent to all ePostal event liaisons and backup liaisons.
 - All championship packet financial forms have been updated to reference that proceeds from forgoing awards are now going to USMS Adult-Learn-to- Swim grants supported by the USA Swimming Foundation rather than the Swimming Saves Lives Foundation. Liaisons and back up liaisons for the OWNC and ePostal National Championships have been notified of this change to championship packets via email.
 - OWNC Tasks still to complete: revise the OWNC evaluation in the OWNC championship packet.
 - ePostal National Championship Tasks still to complete: final revision and submission of the revised ePostal Guidelines to the national office.
- h. Goals – Alana, lead; Lorena, Robin, Bob S, Catherine, Tim, Chuck and Bob B;
- Goals have been submitted to committee members – if you're interested in working on a goal, please reach out to Alana.
- i. LDNC Award – Jill, lead; Lorena, Dave, Jenny, Ali;
- Award nomination forms were sent to LMSC Chairs at the beginning of February.

- j. 2021 Video Clinic Working Group—Catherine, Steve, Chuck and Ali
 - At the January LDC meeting, Phyllis suggested putting together OW Clinic videos. A terrific idea as doing an in person clinic is unlikely this year. The committee had a productive meeting setting up a structure of 3 videos 10-12 minutes and is currently working on the content and presentation.
- 5. Open Water Committee—Phyllis, Ali, Tim, Bob B.
 - Have created a list of rules that will need to be altered in order to incorporate the open water committee back into the LDC and circulated to committee members for consideration and evaluation. They are: 507.1.11, 507.1.8, 301.2.1, and 303.4.2.

2021 Long Distance National Championships:

- **Sprint – Masters of South Texas, May 15th**
- **Long Distance – Masters of South Texas, May 16th**
 - Catherine/Tim
 - The host would like to postpone the events until fall of 2021 due to COVID concerns. This would give more time for vaccinations and hopefully the number of cases will continue to decline. The host is aware of USMS Convention and USMS LC Nationals during this time period. Donn will let us know if the proposed time frame will work.
- **Cable Swim – Foster Lake, June 26th**
 - Ali/Jenny
 - Awaiting updates from the host.
- **Middle Distance – Newport Pier to Pier, July 10th**
 - Robin/Phyllis
 - No change regarding large gatherings and special event permits at State and Local levels. Host is working on event logistics and race timelines assuming group gatherings will be allowed with limitations.
- **Marathon – Applegate Lake 10k, July 17th or 18th**
 - Jill/Bob B.
 - The host is questioning whether he'll be able to conduct the event with the state's regulations as they are now. I'll try to continue to encourage.
- **Ultra-Marathon – 10 mile New England Masters, July 24th**
 - Steve/Dave
 - Registration is open.
 - This is the same weekend that 'Spring' Nationals has been moved to.
 - Host is inquiring regarding the ability to restrict events to only vaccinated individuals for safety.
- **OHeP – Oregon Masters**
 - Sarah/Robin
 - The event has been extended. The last day to swim the event is now Wednesday March 31st at midnight local time.
 - The event dates have been updated on the USMS national website.
 - We are still awaiting updates to the Club Assistant event registration page.

- As of 02/23: 291 participants.
- **5/10k – Kentucky Masters**
 - Jim/Jenny
 - Preparation for the event is underway with the logo and entry form in work.
- **3/6k – Loveland Masters**
 - Chuck/Bob S.
 - ePostal Guidelines/Timelines and Championship Packets emailed to host.