

Committee Name:	Long Distance	Session #:	1	Report #:	1
Committee Chair:	Ali Hall	Vice Chair:	Phyllis Quinn		
Minutes recorded by:	Lorena Sims	Date/time of meeting:	October 2020 e-exchange		

Number of committee members present:	15	Absent:	0	Number of other delegates present:	3
Committee members present (list all, including chair and vice chair): Ali Hall, Lorena Sims, Phyllis Quinn, James Davidson, Robin Smith, Catherine Rust, Dave Brancamp, Donn Livoni, Stephen Rouch, Chuck Beatty, Sarah King, Bob Singer, Jenny Hodges, Laurie Hug, Jill Wright, Alana Aubin.					
Ex-Officio members present: Kimberly Elsbach, Jay Eckert, David Miner.					

Actions Requiring Approval by the HOD:

1. None.

Motions Passed:

1. None.

Topic: LDC e-Exchange Meeting – October 2020

All working group reports on active topics exchanged by email.

1. Welcome and roll call – N/A.
2. Approval of any outstanding meeting minutes – none.
3. Reports from the chair (Ali) and vice chair (Phyllis), vice president (Donn), and national office representative (Jay) – N/A.
4. Working group reports.
 - a. Rules/Legislation – Jim and Alana; Donn, Lorena, Bob S., Robin, Steve.
 - We are in the process of doing the edits/proofing for the 2021 rulebook. Meg Smath is working as the editor this year and sending us a first draft by Friday to review. The ‘postal’ terminology will need to be considered for next year. I believe Oregon also has some of their own, but I am not sure. For event host/director, Jim and I discussed defining those terms in Part 3 and not touching the glossary at all as an option for that clarification.
 - b. PARA – Jim and Sarah; Patches & Awards – Dave; ePostal Recognitions – Catherine; All-Americans (AA) - Men – Lorena, Chuck; (AA) Women – Jenny; (AA) Relays – Phyllis, Dave; Records – Jill; All-Stars – Laurie, Alana; Postal Series – Alana, Laurie.
 - Preliminary results have been submitted to the national office for posting for the 2020 USMS 5K/10K ePostal National Championship and the 5K/10K Short Course ePostal. Participants have until November 2nd to submit any corrections to the host, at which time the preliminary results will be finalized and team scores will be included as well on the USMS website.

- Continue to support the liaisons of the 5K/10 ePostal as they work on relay results from this event.
 - Work with the host and liaisons of the 3000/6000-Yard ePostal National Championship on preliminary and final results once the event ends on November 15th.
 - Work with PARA team to compile end of the year Individual and Relay All American and ePostal Challenge results.
- c. Club Assistant – Robin & Steve.
- Please let Stephen and I know how things are going with CA during the ePostals, especially with reports and results. Admin users have less access these days, so would like to know if we need to set up a meeting with CA to discuss.
- d. Awards – Dave.
- I have contacted our hosts for the 2020 5K/10 K e-Postal about ordering their medals and patches.
- e. Communications – Laurie (lead), Chuck.
- Pictures and items of interest for possible inclusion in the 2021 LD Nationals Preview in SWIMMER magazine were made available for Elaine Howley and Daniel Paulling. It took several attempts and an additional follow up from Chuck in order to receive these but we finally did manage to get pictures/info from the hosts. We also sent some of the fun facts and pictures that Jill provided in her OWNC presentation.
- f. Safety (as needed) – David M., lead.
- Nothing to report.
- g. 2023 NC Recruitment/Selection – Jill, lead; Robin, Steve, Catherine & Jenny.
- Nothing to report.
- h. NC Oversight - Ali, lead; Phyllis, Jim, Bob, David M.
- Nothing to report.
- i. Nose to Tail LD NC Working Group: Sarah and Chuck (leads), Alana, Jim, Bob, Dave, Catherine, Jill, Ali.
- Sarah and Chuck agreed to lead the working group, the team has begun to refine the ePostal and OWNC entry forms and develop Standard Entry Forms (SEFs) as templates for hosts and liaisons; the team has begun to refine timelines and other workflow items.
- j. Goals – Phyllis, lead; Lorena, Robin, Bob, Catherine, Joanne and Chuck.
- Nothing to report.
- k. LDNC Award – Jill, lead; Laurie, Joanne, Dave, Ali, Jenny.
- Nothing to report.
- l. 2021 Clinic Working Group—Catherine and Steve.
- Nothing to report.
- m. 2020 ePostal Challenge Series – Catherine.
- Working with Sarah and Dave on design for the patch. There should be a large number of recipients for 2020 with the requirement of completing only 2 ePostal NC.
5. Other business for the good of the order.

Kingdom Swim 2021 and Covid-19

Kingdom Swim 2021 is scheduled for **July 24, 2021**.

Using our experience in 2020, we are prepared to adopt to the circumstances as they present themselves next summer, with some or all of the following strategies:

At the Swim

- Restricting those who can attend (based on Vermont's Cross State Travel Restrictions) and, if necessary, requiring self-quarantine by those traveling from Yellow or Red Counties.
- Require all participants to show proof of vaccination (If available)
- Require all participants to show proof of a negative test within 48 (?) hours of the event.
- Requiring that all participants wear a mask from the moment they exit their vehicles to the moment they enter the water, and again, from the moment they exit the water to the time they leave the venue.
- Limit the size of the 10-mile swim to 50 to 100 swimmers and an equal number of kayakers. Limit the size of the other swims as well.
- Individual starts 2 minutes apart (to avoid the stampede)
- Use of tubes by patrol boats to lessen the need to gather any distressed swimmers into the boat itself.
- Cancel the Pig Roast picnic lunch, serve pre-prepared and prewrapped sandwiches,
- Eliminate the Award Ceremony and require that each swimmer and kayaker vacate the beach within 1 hour of the finish of their swim.
- Spread the swim over three days. 10 Mile Championship Swim on Saturday (as scheduled), Border Buster on Friday or Sunday, 1, 3, and 6-mile swims on Sunday or Friday

Other Events Around the Swim

- Friday's Pasta Dinner, eliminate buffet and have each meal delivered to each diner, have it spread out over the evening, limit the time for each seating to 1 hour (with reservations), social spreading of tables, outdoors.
- Parade, mask mandate and socially distanced
- Jaspers Warm Up (Cancel)
- Safety Meeting: Prepare a video safety meeting and require all to certify that they have watched it.