

## Proposed Changes to the USMS Rulebook Part 3: Open Water and Long Distance Swimming Rules Amended September 17, 2011

The following proposals are submitted, in accordance with section 601.2, by the Long Distance Committee for consideration by the House of Delegates at the 2011 Convention.

The Long Distance Committee considers all four proposals to be emergency rule legislation. They require 90% plus 1 to be passed.

The report is divided into three sections: those reported favorably (recommended by the Long Distance Committee, those reported favorably as amended (recommend) by the Long Distance Committee, and those not reported favorably (not recommended) by the Long Distance Committee

### I. The following proposals were reported out favorably by the Long Distance Committee.

<b>LD 1 301.2.3</b>	page 59	<b>Long Distance Committee</b>	Amend				
<b>Action:</b>	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Withdrawn	Pulled

**301.2.3** “All participants in national championship postal events...must be currently registered members of USMS or a FINA member national governing body on or before the day of their swim....”

<b>LD 3 303.6.2A &amp; D</b>	pages 64-5	<b>Long Distance Committee</b>	Amend				
<b>Action:</b>	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Withdrawn	Pulled

**303.6.2A** Swimwear shall include only a swimsuit, cap or caps (which may include those made of neoprene) and goggles. Swim caps shall be defined as head gear conforming to a traditional swim cap design and shall not extend to protect the neck and shoulders. Nose clips, ear plugs, wristwatches and grease are also allowed. ~~Arm bands shall not be regarded as part of the swimsuit and are not allowed.~~

**303.6.2D** Swimmers are not permitted to wear or use any device or substance to help their speed, buoyancy or endurance during a swim (such as wetsuits, webbed gloves, fins, snorkels, buoyant arm bands, etc.). Any kind of tape or flat arm band on the body is not permitted unless approved by the referee. Any devices used to maintain body heat are not permitted, except for those listed in article 303.6.2A.

<b>LD 4 306.8.2</b>	page 69	<b>Long Distance Committee</b>	Amend				
<b>Action:</b>	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Withdrawn	Pulled

**306.8.2** “Event directors shall have the discretion to request additional verification of completion from any entrant and may refuse to accept, or disqualify, any entry that appears to contain erroneous information.”

**II. The following Proposals were reported out favorably by the Long Distance Committee, as amended.**

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LD 2	301.5.1	page 60	Long Distance Committee	Amend			
<b>Action:</b>	Adopted	Defeated	Adopted/Amended	Tabled	Postponed	Withdrawn	Pulled

**301.5.1** In an Open Water Swim, ~~t~~The eligibility of a participant ~~in an open water swim~~ shall be determined by the age of the participant as of ~~the day~~ of the last day of the event except for 18-year-olds, who must be 18 on the day that they swim.

**301.5.2** "In a Postal Swim, ~~t~~The eligibility of a participant ~~in a postal swim~~ shall be determined by the age of the participant as of the day of the swim, ~~except for 18 year olds, who must be 18 on the day that they swim."~~

**III. The following proposals were NOT reported out favorably by the Long Distance Committee.**

None

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