

2021 Women's U.S. Masters Swimming Long Distance All Americans

Age Group	Gender	Event	First Name	M.I.	Last Name	APP	Birthdate	Age	Club Abbr.	LDAA	LDAS	USMS Number	Time or Distance	National Record
25-29	F	Sprint Distance OW	Abigail		Blake			27	WLOO			431B-0ASNE	24:15.00	
30-34	F	Sprint Distance OW	Dana		Thomas			33	WHAC			4312-07N33	28:58.00	
35-39	F	Sprint Distance OW	Lauren		Schudde			38	TXLA			4313-077DD	25:39.00	
45-49	F	Sprint Distance OW	Dana		McKenna			45	MOST			431Y-09MC8	47:11.00	
50-54	F	Sprint Distance OW	Diane		Gould			53	NBM			4315-FRNSE	23:30.00	
55-59	F	Sprint Distance OW	Kimberly		Elsbach			58	DAM			381Y-D0NUT	23:22.00	
60-64	F	Sprint Distance OW	Julie		Eakle			61	MOST			4313-02NPK	29:02.00	
65-69	F	Sprint Distance OW	Elaine		Valdez			66	MOST			431H-02P0H	26:58.00	
70-74	F	Sprint Distance OW	Shirley		Loftus-Charley			70	VMST			121G-WATER	26:33.00	
75-79	F	Sprint Distance OW	Ann		Vitt			75	NBM			431M-02R7K	35:00.00	
25-29	F	Middle Distance OW	Allison		Arnold			29	TOC			381D-09827	36:12.00	
30-34	F	Middle Distance OW	Lindsay		Flores-Gaudinier			32	WCM			3813-06NAP	36:25.00	
35-39	F	Middle Distance OW	Florencia		Ruiz Diaz			39	STAN			381T-BCCVN	49:58.00	
40-44	F	Middle Distance OW	Tesla		Profumo			44	CRUZ			381R-068K7	36:45.00	
45-49	F	Middle Distance OW	Heidi		George			45	UC38			381U-03KD2	31:46.00	
50-54	F	Middle Distance OW	Janice		Curtin			54	ARM			381J-07UKC	38:53.00	
55-59	F	Middle Distance OW	Kimberly		Elsbach			58	DAM			381Y-D0NUT	36:43.00	
60-64	F	Middle Distance OW	Robynn		Masters			62	UTAH			3418-0043P	39:44.00	
65-69	F	Middle Distance OW	Phyllis		Quinn			66	TOC			381D-03F7Y	49:04.00	
70-74	F	Middle Distance OW	Laura		Val			70	TAM			381U-03H9F	38:01.00	
75-79	F	Middle Distance OW	Glenda		Carroll			78	TAM			3815-03JEC	1:29:42.00	
25-29	F	Long Distance OW	Cathleen		Pruden			27	UC43			431R-0VWBT	1:16:46.00	
30-34	F	Long Distance OW	Gabrielle		Goodlin			31	TXLA			431S-07U3C	1:27:05.00	
40-44	F	Long Distance OW	Abby		Ammerman			41	UC43			431J-97FT9	1:21:15.00	
45-49	F	Long Distance OW	Diana		Brodeur			46	LSM			2618-05T4R	1:51:00.00	
50-54	F	Long Distance OW	Kirsten		Goldhammer			50	MOST			431Y-020DN	1:19:17.00	
55-59	F	Long Distance OW	Kimberly		Elsbach			58	DAM			381Y-D0NUT	1:12:21.00	
60-64	F	Long Distance OW	Susan		Ingraham			62	MOST			431J-SUSAN	1:24:54.00	
65-69	F	Long Distance OW	Catherine		Rust			68	PBM			5013-06WNH	1:28:22.00	
70-74	F	Long Distance OW	Shirley		Loftus-Charley			70	VMST			121G-WATER	1:21:54.00	
75-79	F	Long Distance OW	Ann		Vitt			75	NBM			431M-02R7K	1:53:28.00	
18-24	F	2-Mile Cable	Celia		Van Den Wymelenberg			18	OREG			371R-EPHU5	49:50.41	
35-39	F	2-Mile Cable	Alexis		Higlett			38	OREG			371X-0B4SC	44:44.94	
40-44	F	2-Mile Cable	Amy		Johnson			42	OREG			3712-01NWE	46:15.42	
45-49	F	2-Mile Cable	Suzy		Jajewski			46	OREG			3711-074MV	51:35.42	
50-54	F	2-Mile Cable	Stephanie		Denison			51	UC38			381D-04ZG8	49:34.04	
55-59	F	2-Mile Cable	Kimberly		Elsbach			58	DAM			381Y-D0NUT	46:46.97	
60-64	F	2-Mile Cable	Laura		Schob			63	OREG			371P-026DX	1:00:37.21	
65-69	F	2-Mile Cable	Cheryl		Murray			69	NCMS			131Y-01GYG	55:53.43	
70-74	F	2-Mile Cable	Shirley		Loftus-Charley			70	VMST			121G-WATER	51:52.21	

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18-24	F	1-Hour ePostal	Julia		Green			23	IM			211Z-JCG98	4,180	
25-29	F	1-Hour ePostal	Sarah		Kletzer			29	CRUZ			3811-08BNA	4,455	
30-34	F	1-Hour ePostal	Rachel		Reynolds			30	NEM			021K-09NDS	4,750	
35-39	F	1-Hour ePostal	Sarah		Sutton			38	NEM			021M-XYEC6	4,750	
40-44	F	1-Hour ePostal	Valerie		Valle			44	SPM			141P-02ER1	4,820	
40-44	F	1-Hour ePostal	Tesla		Profumo			44	CRUZ			381R-068K7	4,820	
45-49	F	1-Hour ePostal	Stacey		Bruce			47	PALM			551K-01HAD	4,965	
50-54	F	1-Hour ePostal	Anne		Cappola			52	1776			081M-022E0	4,695	
55-59	F	1-Hour ePostal	Laurie		Hug			56	1776			081Z-0226X	4,820	
60-64	F	1-Hour ePostal	Suzanne		Heim-Bowen			63	WCM			381X-03F3T	4,880	
65-69	F	1-Hour ePostal	Karen		Einsidler			65	SHARK			141X-01S73	4,645	
70-74	F	1-Hour ePostal	Fran		Hare			71	PBM			501X-02XHG	4,070	
75-79	F	1-Hour ePostal	Beverly		Montrella			75	MVN			3323-048YV	3,710	Y
80-84	F	1-Hour ePostal	Joann		Leilich			82	WMST			251D-03662	3,120	
85-89	F	1-Hour ePostal	Eulah		Varty			87	MMAC			481M-094R2	2,460	
95-99	F	1-Hour ePostal	Charlotte		Sanddal			99	BSMT			311F-01JR1	1,320	
18-24	F	5K ePostal	Katherine		Reed			22	MMSW			381G-0BAEC	1:17:50.09	
30-34	F	5K ePostal	Lindsay		Flores-Gaudinier			32	WCM			3813-06NAP	1:08:57.12	
35-39	F	5K ePostal	Alexis		Higlett			38	OREG			371X-0B4SC	1:12:01.17	
40-44	F	5K ePostal	Anna		Hern			41	UC48			4814-MCYEG	1:26:32.07	
45-49	F	5K ePostal	Stephanie		Henry			47	IM			2114-09R25	1:17:35.61	
50-54	F	5K ePostal	Alison		Hayden			50	SPM			141G-045GD	1:08:33.49	
55-59	F	5K ePostal	Laurie		Hug			56	1776			081Z-0226X	1:12:01.07	
60-64	F	5K ePostal	Betsy		Hanson			60	OREG			371C-03D7C	1:24:10.09	
65-69	F	5K ePostal	Karen		Einsidler			65	SHARK			141X-01S73	1:13:57.87	Y
70-74	F	5K ePostal	Shirley		Loftus-Charley			70	VMST			121G-WATER	1:18:53.22	Y
30-34	F	10K ePostal	Lindsay		Flores-Gaudinier			32	WCM			3813-06NAP	2:22:56.91	
35-39	F	10K ePostal	Amy		Rust			36	NICK			041T-05E8E	2:30:06.99	
40-44	F	10K ePostal	Anna		Hern			41	UC48			4814-MCYEG	2:55:58.03	
45-49	F	10K ePostal	Stephanie		Henry			47	IM			2114-09R25	2:36:07.96	
50-54	F	10K ePostal	Alison		Zamanian			51	WCM			3811-03FP1	2:17:50.72	
55-59	F	10K ePostal	Kimberly		Elsbach			58	DAM			381Y-DONUT	2:30:56.79	
60-64	F	10K ePostal	Suzanne		Heim-Bowen			63	WCM			381X-03F3T	2:25:56.09	
65-69	F	10K ePostal	Karen		Einsidler			65	SHARK			141X-01S73	2:29:44.42	Y
70-74	F	10K ePostal	Shirley		Loftus-Charley			70	VMST			121G-WATER	2:42:45.93	Y
25-29	F	3000 ePostal	Dani		Gigliotti			28	CMS			321X-AH19Z	54:54.01	
30-34	F	3000 ePostal	Rachel		Reynolds			30	NEM			021K-09NDS	38:27.15	
35-39	F	3000 ePostal	Alexis		Higlett			38	OREG			371X-0B4SC	35:16.97	
40-44	F	3000 ePostal	Helene		Nehrebecki			41	DAM			381R-06JFA	41:06.00	
45-49	F	3000 ePostal	Stephanie		Henry			47	IM			2114-09R25	39:53.59	
50-54	F	3000 ePostal	Alison		Hayden			50	SPM			141G-045GD	36:01.46	
55-59	F	3000 ePostal	Charlotte		Brynn			55	NEM			021F-034BA	39:29.24	

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60-64	F	3000 ePostal	Leslie		Craven			62	NEM			021V-004WN	41:42.00	
65-69	F	3000 ePostal	Karen		Einsidler			65	SHARK			141X-01S73	38:30.46	Y
70-74	F	3000 ePostal	Shirley		Loftus-Charley			70	VMST			121G-WATER	41:44.72	Y
75-79	F	3000 ePostal	Beverly		Montrella			75	MVN			3323-048YV	48:28.47	Y
35-39	F	6000 ePostal	Alexis		Higlett			38	OREG			371X-0B4SC	1:13:22.57	
40-44	F	6000 ePostal	Katie		Palavecino			43	ALEX			101E-037H5	1:27:11.00	
45-49	F	6000 ePostal	Stephanie		Henry			47	IM			2114-09R25	1:21:06.00	
50-54	F	6000 ePostal	Alison		Hayden			50	SPM			141G-045GD	1:12:58.03	
55-59	F	6000 ePostal	Charlotte		Brynn			55	NEM			021F-034BA	1:21:58.63	
60-64	F	6000 ePostal	Tamara		Burton			63	PBM			5016-099CG	1:30:14.99	
65-69	F	6000 ePostal	Karen		Einsidler			65	SHARK			141X-01S73	1:18:36.49	Y
70-74	F	6000 ePostal	Shirley		Loftus-Charley			70	VMST			121G-WATER	1:26:50.51	Y