

Timeline

Start Times Women	Event	Start Times Men
Thursday, April 28, 2016		
8:00 a.m.	1000 freestyle (deck seeded; M&W combined)	8:00 a.m.
11:00 a.m.	1650 freestyle (deck seeded; M&W combined)	11:00 a.m.
<i>Approximate finish time 4:00 p.m.</i>		
Friday, April 29, 2016		
8:00 a.m.	women's 500 Free (deck seeded)	
9:45 a.m.	30 minute warm-up in competition pool	9:45 a.m.
10:15 a.m.	100 IM	10:45 a.m.
11:25 a.m.	200 breaststroke	12:05 p.m.
12:45 p.m.	50 backstroke	1:05 p.m.
1:30 p.m.	100 freestyle	2:10 p.m.
2:55 p.m.	200 butterfly	3:20 p.m.
3:50 p.m.	200 mixed freestyle relay	3:50 p.m.
4:20 p.m.	400 mixed freestyle relay	4:20 p.m.
<i>Approximate finish time 5:00 p.m.</i>		
Saturday, April 30, 2016		
	men's 500 freestyle (deck seeded)	8:00 a.m.
9:20 a.m.	30 minute warm-up in competition pool	9:20 a.m.
9:50 a.m.	Ransom Arthur Award presentation	9:50 a.m.
10:05 a.m.	100 butterfly	10:25 a.m.
10:55 a.m.	50 breaststroke	11:15 p.m.
11:35 a.m.	200 IM	12:20 p.m.
1:00 p.m.	50 freestyle	1:25 p.m.
2:00 p.m.	100 backstroke	2:30 p.m.
3:05 p.m.	200 freestyle relay (15 min break after this)	3:30 p.m.
4:05 p.m.	200 mixed medley relay	4:05 p.m.
<i>Approximate finish time 4:45 p.m.</i>		
Sunday, May 1, 2016		
8:00 a.m.	400 IM (deck seeded)	8:40 a.m.
9:30 a.m.	30 minute warm-up in competition pool	9:30 a.m.
10:00 a.m.	200 medley relay	10:25 a.m.
10:50 a.m.	200 freestyle	11:30 a.m.
12:20 p.m.	50 butterfly	12:35 p.m.
1:00 p.m.	200 backstroke	1:40 p.m.
2:20 p.m.	100 breaststroke	2:45 p.m.
<i>Approximate finish time 3:15 p.m.</i>		

This timeline is **only a guide** for use in determining the **approximate** start of all events. We may run ahead of or behind the estimate. It is all swimmers' responsibility to get to the pool well before their events and be behind the blocks before their heats start.

All swimmers must check in for all deck-seeded events by the check-in deadlines!